

Blue Cross Blue Shield FEP VisionSM

www.bcbsfepvision.com

1-888-550-2583



FEP VisionSM

2023

A Nationwide Vision Plan, available nationwide and overseas

IMPORTANT

- Rates: Back Cover
- Changes for 2023: Page 5
- Summary of Benefits: Page 28

Enrollment Options for this Plan:

- High Option – Self Only
- High Option – Self Plus One
- High Option – Self and Family
- Standard Option – Self Only
- Standard Option – Self Plus One
- Standard Option – Self and Family



Federal Employees
Dental And Vision Insurance Program

Authorized for distribution by the:



United States
Office of Personnel Management

Healthcare and Insurance
<http://www.opm.gov/insure>

Introduction

On December 23, 2004, President George W. Bush signed the Federal Employee Dental and Vision Benefits Enhancement Act of 2004 (Public Law 108-496). The law directed the Office of Personnel Management (OPM) to establish supplemental dental and vision benefit programs to be made available to Federal employees, annuitants, and their eligible family members. In response to the legislation, OPM established the Federal Employees Dental and Vision Insurance Program (FEDVIP). OPM has contracted with dental and vision insurers to offer an array of choices to Federal employees and annuitants. Section 715 of the National Defense Authorization Act for Fiscal Year 2017 (FY 2017 NDAA), Public Law 114-38, expanded FEDVIP eligibility to certain TRICARE-eligible individuals.

This brochure describes the benefits of Blue Cross Blue Shield FEP Vision under the Blue Cross and Blue Shield Association's contract OPM02-FEDVIP-02AP-04 with OPM, as authorized by the FEDVIP law. The address for our administrative office is:

Blue Cross Blue Shield FEP Vision
711 Troy Schenectady Road, Suite 301
Latham, New York 12110
1-888-550-BLUE (2583)
TTY: 1-800-523-2847
www.bcbsfepvision.com

This brochure is the official statement of benefits. No oral statement can modify or otherwise affect the benefits, limitations and exclusions of this brochure. It is your responsibility to be informed about your benefits. You, and your family members, do not have a right to benefits that were available before January 1, 2023 unless those benefits are also shown in this brochure.

If you are enrolled in this plan, you are entitled to the benefits described in this brochure. If you are enrolled in Self Plus One, you and your designated eligible family member are entitled to these benefits. If you are enrolled in Self and Family coverage, each of your eligible family members is also entitled to these benefits.

OPM negotiates benefits and rates with each carrier annually. Rates are shown at the end of this brochure.

BCBS FEP Vision is responsible for the selection of in-network providers in your area. Contact us at 1-888-550-2583 or TTY: 1-800-523-2847 for the names of participating providers or to request a provider directory. You may also request or view the most current directory via our website at www.bcbsfepvision.com. Continued participation of any specific provider cannot be guaranteed. Thus, you should choose your plan based on the benefits provided and not on a specific provider's participation. When you phone for an appointment, please remember to verify that the provider is currently in-network. If your provider is not currently participating in the provider network, you can nominate them to join. Nomination forms are available on our web site, or call us and we will take your nomination over the phone. You cannot change plans, outside of Open Season, because of changes to the provider network.

Provider networks may be more extensive in some areas than others. **Please be aware that the BCBS FEP Vision network is different from the network of your health plan.**

This BCBS FEP Vision plan and all other FEDVIP plans are not a part of the Federal Employees Health Benefits (FEHB) Program.

We want you to know that protecting the confidentiality of your individually identifiable health information is of the utmost importance to us. To review full details about our privacy practices, our legal duties, and your rights, please visit our website, www.bcbsfepvision.com and then click on the "Privacy Policies" link at the bottom of the page. If you do not have access to the internet or would like further information, please contact us by calling 1-888-550-2583 or TTY: 1-800-523-2847.

Discrimination is Against the Law

BCBS FEP Vision complies with all applicable Federal civil rights laws, to include both Title VII of the Civil Rights Act of 1964 and Section 1557 of the Affordable Care Act. Pursuant to Section 1557, BCBS FEP Vision does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, or sex.

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FEDVIP Program Highlights

A Choice of Plans and Options	You can select from several nationwide, and in some areas, regional dental Preferred Provider Organization (PPO) or Health Maintenance Organization (HMO) plans, and high and standard coverage options. You can also select from several nationwide vision plans. You may enroll in a dental plan or a vision plan, or both. Some TRICARE beneficiaries may not be eligible to enroll in both. Visit www.opm.gov/dental or www.opm.gov/vision for more information.
Enroll Through BENEFEDES	You enroll online at www.BENEFEDS.com . Please see Section 2, Enrollment, for more information.
Dual Enrollment	If you or one of your family members is enrolled in or covered by one FEDVIP plan, that person cannot be enrolled in or covered as a family member by another FEDVIP plan offering the same type of coverage; e.g., you (or covered family members) cannot be covered by two FEDVIP dental plans or two FEDVIP vision plans.
Coverage Effective Date	If you sign up for a dental and/or vision plan during the 2022 Open Season, your coverage will begin on January 1, 2023. Premium deductions will start with the first full pay period beginning on/after January 1, 2023. You may use your benefits as soon as your enrollment is confirmed.
Pre-Tax Salary Deduction for Employees	Employees automatically pay premiums through payroll deductions using pre-tax dollars. Annuitants automatically pay premiums through annuity deductions using post-tax dollars. TRICARE enrollees automatically pay premiums through payroll deduction or automatic bank withdrawal (ABW) using post-tax dollars.
Annual Enrollment Opportunity	Each year, an Open Season will be held, during which you may enroll or change your dental and/or vision plan enrollment. This year, Open Season runs from November 14, 2022 through midnight Eastern time December 12, 2022. You do not need to re-enroll each Open Season unless you wish to change plans or plan options; your coverage will continue from the previous year. In addition to the annual Open Season, there are certain events that allow you to make specific types of enrollment changes throughout the year. Please see Section 2, Enrollment, for more information.
Continued Group Coverage After Retirement	Your enrollment or your eligibility to enroll may continue after retirement. You do not need to be enrolled in FEDVIP for any length of time to continue enrollment into retirement. Your family members may also be able to continue enrollment after your death. Please see Section 1, Eligibility, for more information.

How We Have Changed For 2023

New for 2023!

Changes to both our High and Standard Options include:

- We added \$50 to your frame allowance at MyEyeDr. High Option members will have a \$250 allowance and Standard Option members will have a \$190 allowance at over 800 MyEyeDr. locations nationwide.

Changes to our Standard Option only include:

- We increased the annual contact lens allowance to \$140.

Section 1 Eligibility

Federal Employees If you are a Federal or U.S. Postal Service employee, you are eligible to enroll in FEDVIP, if you are eligible for the Federal Employees Health Benefits (FEHB) Program or the Health Insurance Marketplace (Exchange) and your position is not excluded by law or regulation. Enrollment in the FEHB Program or the Health Insurance Marketplace (Exchange) is not required.

Federal Annuitants You are eligible to enroll if you:

- retired on an immediate annuity under the Civil Service Retirement System (CSRS), the Federal Employees Retirement System (FERS), or another retirement system for employees of the Federal Government;
- retired for disability under CSRS, FERS, or another retirement system for employees of the Federal Government.

Your FEDVIP enrollment will continue into retirement, if you retire on an immediate annuity or for disability under CSRS, FERS or another retirement system for employees of the Government, regardless of the length of time you had FEDVIP coverage as an employee. There is no requirement to have coverage for 5 years of service prior to retirement in order to continue coverage into retirement, as there is with the FEHB Program.

Your FEDVIP coverage will end if you retire on a Minimum Retirement Age (MRA) + 10 retirement and postpone receipt of your annuity. You may enroll in FEDVIP again when you begin to receive your annuity.

Survivor Annuitants If you are a survivor of a deceased Federal/U.S. Postal Service employee or annuitant and you are receiving an annuity, you may enroll or continue the existing enrollment.

Compensationers A compensationer is someone receiving monthly compensation from the Department of Labor's Office of Workers' Compensation Programs (OWCP) due to an on-the-job injury/illness who is determined by the Secretary of Labor to be unable to return to duty. You are eligible to enroll in FEDVIP or continue FEDVIP enrollment into compensation status.

TRICARE-eligible individual An individual who is eligible for FEDVIP dental coverage based on the individual's eligibility to previously be covered under the TRICARE Retiree Dental Program or an individual eligible for FEDVIP vision coverage based on the individual's enrollment in a specified TRICARE health plan.

Retired members of the uniformed services and National Guard/Reserve components, including "gray-area" retirees under age 60 and their families are eligible for FEDVIP dental coverage. These individuals, if enrolled in a TRICARE health plan, are also eligible for FEDVIP vision coverage. In addition, uniformed services active-duty family members who are enrolled in a TRICARE health plan are eligible for FEDVIP vision coverage.

Family Members Except with respect to TRICARE-eligible individuals, family members include your spouse and unmarried dependent children under age 22. This includes legally adopted children and recognized natural children who meet certain dependency requirements. This also includes stepchildren and foster children who live with you in a regular parent-child relationship. Under certain circumstances, you may also continue coverage for a disabled child 22 years of age or older who is incapable of self-support. FEDVIP rules and FEHB rules for family member eligibility are **NOT** the same.

For more information on family member eligibility visit the website at www.opm.gov/healthcare-insurance/dental-vision/ or contact your employing agency or retirement system.

With respect to TRICARE-eligible individuals, family members include your spouse, unremarried widow, unremarried widower, unmarried child, and certain unmarried persons placed in your legal custody by a court. An unremarried former spouse who meets the U.S. Department of Defense's 20-20-20 and/or 20-20-15 benefit eligibility requirements may only enroll in a self-only FEDVIP vision plan. Children include legally adopted children, stepchildren, and pre-adoptive children. Children and dependent unmarried persons must be under age 21 if they are not a student, under age 23 if they are a full-time student, or incapable of self-support because of a mental or physical incapacity.

Not Eligible

The following persons are not eligible to enroll in FEDVIP, regardless of FEHB eligibility or receipt of an annuity or portion of an annuity:

- Deferred annuitants
- Former spouses of employees or annuitants.

Note: Former spouses of TRICARE-eligible individuals may enroll in a FEDVIP vision plan.

- FEHB Temporary Continuation of Coverage (TCC) enrollees
- Anyone receiving an insurable interest annuity who is not also an eligible family member
- Active-duty uniformed service members.

Note: If you are an active-duty uniformed service member, your dental and vision coverage will be provided by TRICARE. Your family members will still be eligible to enroll in the TRICARE Dental Plan (TDP).

Section 2 Enrollment

Enroll Through BENEFEDES

You must use BENEFEDES to enroll or change enrollment in a FEDVIP plan. BENEFEDES is a secure enrollment website (www.BENEFEDES.com) sponsored by OPM. If you do not have access to a computer, call 1-877-888-FEDS (1-877-888-3337), TTY number 1-877-889-5680 to enroll or change your enrollment.

If you are currently enrolled in a FEDVIP vision plan and want to switch to BCBS FEP Vision, you must change enrollment through BENEFEDES. If you do not want to change plans or options, your enrollment will continue automatically. Please note: your plans' premiums may change for 2023.

Note: You cannot enroll or change enrollment in a FEDVIP plan using the Health Benefits Election Form (SF 2809) or through an agency self-service system, such as Employee Express, PostalEase, EBIS, MyPay, or Employee Personal Page. However, those sites may provide a link to BENEFEDES.

Enrollment Types

Self Only: A Self Only enrollment covers only you as the enrolled employee or annuitant. You may choose a Self Only enrollment even though you have a family; however, your family members will not be covered under FEDVIP.

Self Plus One: A Self Plus One enrollment covers you as the enrolled employee or annuitant plus one eligible family member whom you specify. You may choose a Self Plus One enrollment even though you have additional eligible family members, but the additional family members will not be covered under FEDVIP.

Self and Family: A Self and Family enrollment covers you as the enrolled employee or annuitant and all of your eligible family members. You must list all eligible family members when enrolling.

Dual Enrollment

If you or one of your family members is enrolled in or covered by one FEDVIP plan, that person cannot be enrolled in or covered as a family member by another FEDVIP plan offering the same type of coverage; e.g., you (or covered family members) cannot be covered by two FEDVIP dental plans or two FEDVIP vision plans.

Opportunities to Enroll or Change Enrollment

Open Season

If you are an eligible employee, annuitant, or TRICARE-eligible individual, you may enroll in a dental and/or vision plan during the November 14, through midnight EST December 12, 2022, Open Season. Coverage is effective January 1, 2023.

During future annual Open Seasons, you may enroll in a plan, or change or cancel your dental and/or vision coverage. The effective date of these Open Season enrollments and changes will be set by OPM. **If you want to continue your current enrollment, do nothing. Your enrollment carries over from year to year, unless you change it.**

New hire/Newly eligible

You may enroll within 60 days after you become eligible as:

- a new employee;
- a previously ineligible employee who transferred to a covered position;
- a survivor annuitant if not already covered under FEDVIP; or
- an employee returning to service following a break in service of at least 31 days.
- a TRICARE-eligible individual

Your enrollment will be effective the first day of the pay period following the one in which BENEFEDES receives and confirms your enrollment.

**Opportunities to
Enroll or Change
Enrollment**

Qualifying Life Event

A qualifying life event (QLE) is an event that allows you to enroll, or if you are already enrolled, allows you to change your enrollment outside of an Open Season.

The following chart lists the QLEs and the enrollment actions you may take:

Qualifying Life Event: Marriage

From Not Enrolled to Enrolled: Yes
Increase Enrollment Type: Yes
Decrease Enrollment Type: No
Cancel: No
Change from One Plan to Another: Yes

Qualifying Life Event: Acquiring an eligible family member (non-spouse)

From Not Enrolled to Enrolled: No
Increase Enrollment Type: Yes
Decrease Enrollment Type: No
Cancel: No
Change from One Plan to Another: No

Qualifying Life Event: Losing a covered family member

From Not Enrolled to Enrolled: No
Increase Enrollment Type: No
Decrease Enrollment Type: Yes
Cancel: No
Change from One Plan to Another: No

Qualifying Life Event: Losing other dental/vision coverage (eligible or covered person)

From Not Enrolled to Enrolled: Yes
Increase Enrollment Type: Yes
Decrease Enrollment Type: No
Cancel: No
Change from One Plan to Another: No

Qualifying Life Event: Moving out of regional plan's service area

From Not Enrolled to Enrolled: No
Increase Enrollment Type: No
Decrease Enrollment Type: No
Cancel: No
Change from One Plan to Another: Yes

Qualifying Life Event: Going on active military duty, non- pay status (enrollee or spouse)

From Not Enrolled to Enrolled: No
Increase Enrollment Type: No
Decrease Enrollment Type: No
Cancel: Yes
Change from One Plan to Another: No

Qualifying Life Event: Returning to pay status from active military duty (enrollee or spouse)

From Not Enrolled to Enrolled: Yes
Increase Enrollment Type: No
Decrease Enrollment Type: No
Cancel: No
Change from One Plan to Another: No

Qualifying Life Event: Returning to pay status from Leave without pay

From Not Enrolled to Enrolled: Yes (if enrollment cancelled during LWOP)

Increase Enrollment Type: No

Decrease Enrollment Type: No

Cancel: No

Change from One Plan to Another: Yes (if enrollment cancelled during LWOP)

Qualifying Life Event: Annuity/ compensation restored

From Not Enrolled to Enrolled: Yes

Increase Enrollment Type: No

Decrease Enrollment Type: No

Cancel: No

Change from One Plan to Another: No

Qualifying Life Event: Transferring to an eligible position*

From Not Enrolled to Enrolled: No

Increase Enrollment Type: No

Decrease Enrollment Type: No

Cancel: Yes

Change from One Plan to Another: No

Opportunities to Enroll or Change Enrollment

*Position must be in a Federal agency that provides dental and/or vision coverage with 50 percent or more employer-paid premium.

The timeframe for requesting a QLE change is from 31 days before to 60 days after the event. There are two exceptions:

- There is no time limit for a change based on moving from a regional plan's service area
- You cannot request a new enrollment based on a QLE before the QLE occurs, except for enrollment because of loss of dental or vision insurance. You must make the change no later than 60 days after the event.

Generally, enrollments and enrollment changes made based on a QLE are effective on the first day of the pay period following the one in which BENEFEDS receives and confirms the enrollment or change. BENEFEDS will send you confirmation of your new coverage effective date.

Once you enroll in a plan, your 60-day window for that type of plan ends, even if 60 calendar days have not yet elapsed. That means once you have enrolled in either a dental or a vision plan, you cannot change or cancel that particular enrollment until the next Open Season, unless you experience a QLE that allows such a change or cancellation.

Canceling an Enrollment

You may cancel your enrollment only during the annual Open Season. An eligible family member's coverage also ends upon the effective date of the cancellation.

Your cancellation is effective at the end of the day before the date OPM sets as the Open Season effective date.

When Coverage Stops

Coverage ends for active and retired Federal, U.S. Postal employees, and TRICARE-eligible individuals when you:

- no longer meet the definition of an eligible employee, annuitant, or TRICARE-eligible individual;
- as a Retired Reservist you begin active duty;
- as sponsor or primary enrollee leaves active duty
- begin a period of non-pay status or pay that is insufficient to have your FEDVIP premiums withheld and you do not make direct premium payments to BENEFEDS;
- are making direct premium payments to BENEFEDS and you stop making the payments;

- cancel the enrollment during Open Season

Coverage for a family member ends when:

- you as the enrollee lose coverage; or
- the family member no longer meets the definition of an eligible family member.

Continuation of Coverage

Under FEDVIP, there is no 31-day extension of coverage. The following are also NOT available under the FEDVIP plans:

- Temporary Continuation of Coverage (TCC);
- spouse equity coverage; or
- right to convert to an individual policy (conversion policy).

FSAFEDS/High Deductible Health Plans and FEDVIP

If you are planning to enroll in an FSAFEDS Health Care Flexible Spending Account (HCFSA) or Limited Expense Health Care Flexible Spending Account (LEX HCFSA), you should consider how coverage under a FEDVIP plan will affect your annual expenses, and thus the amount that you should allot to an FSAFEDS account. Please note that insurance premiums are not eligible expenses for either type of FSA.

If you have an HCFSA or LEX HCFSA FSAFEDS account and you haven't exhausted your funds by December 31st of the plan year, FSAFEDS can automatically carry over up to \$610 of unspent funds into another health care or limited expense account for the subsequent year. To be eligible for carryover, you must be employed by an agency that participates in FSAFEDS and actively making allotments from your pay through December 31st. You must also actively re-enroll in a health care or limited expense account during the NEXT Open Season to be carryover eligible. Your re-enrollment must be for at least the minimum of \$100. If you do not re-enroll, or if you are not employed by an agency that participates in FSAFEDS and actively making allotments from your pay through December 31st, your funds will not be carried over.

Because of the tax benefits an FSA provides, the IRS requires that you forfeit any money for which you did not incur an eligible expense and file a claim in the time period permitted. This is known as the "Use-It-Or-Lose-It" rule. Carefully consider the amount you will elect.

For a health care or limited expense account, each participant must contribute a minimum of \$100 to a maximum of \$3,050.

Current FSAFEDS participants must re-enroll to participate next year. See www.fsafeds.com or call 1-877-FSAFEDS (372-3337) or TTY: 1-866-353-8058. **Note: FSAFEDS is not open to retired employees, or to TRICARE eligible individuals.**

If you enroll or are enrolled in a high deductible health plan with a health savings account (HSA) or health reimbursement arrangement (HRA), you can use your HSA or HRA to pay for qualified dental/vision costs not covered by your FEHB and FEDVIP plans. You will be required to submit your claim to the FSAFEDS Health Care Flexible Spending Account (HCFSA) or Limited Expense Health Care Flexible Spending Account (LEX HCFSA).

Using your FSA pre-tax dollars for your eyecare and eyewear needs is a great way to get more out of your benefit dollar. And BCBS FEP Vision will submit your eligible FSAFEDS out-of-pocket expenses electronically, so you don't have to. Using your FSAFEDS account for your eyecare and eyewear expenses is simple:

- Visit your provider for your vision care exam and eyewear
- Pay any out-of-pocket expenses
- Blue Cross Blue Shield FEP Vision will submit your HCFSA eligible expenses for reimbursement for you. If you make additional purchases or receive additional services outside of your benefits, please submit those expenses directly to FSAFEDS.

Section 3 How You Obtain Care

Identification Cards/ Enrollment Confirmation

Two ID cards are issued for each member, regardless of coverage option. If additional cards are needed, you may request them through our website, www.bcbsfepvision.com, or call us at 1-888-550-2583 or TTY: 1-800-523-2847. All eligible dependents listed on your enrollment share your identification number. You do not need an ID card for each member of your family. You can print a temporary ID card online, view it in our mobile app or contact customer service to verify your eligibility in the plan.

Plan Providers

We list in-network plan providers in the provider directory, which is updated frequently. The most current list can be found on our website at www.bcbsfepvision.com. It is your responsibility to ensure that the provider chosen is an active participant in the program, at the time you receive services. **The BCBS FEP Vision network is specific to routine vision care and is different from the network for your medical plan.**

In some cases, due to local regulations or business practices, the doctor may be independent of the retail location. You should confirm that both the doctor and the retail location are participating prior to seeking services.

In-Network

We negotiate rates with vision care providers to help save you money. BCBS FEP Vision in-network providers are referred to as participating providers and are contracted through Davis Vision. When scheduling an appointment, you should identify yourself as a member of the FEDVIP BCBS FEP Vision plan. The provider is then responsible for verifying eligibility by contacting BCBS FEP Vision either by telephone or via the web. If you use a participating provider to obtain covered care, benefits are paid at the in-network level. You are responsible for covered charges up to our negotiated plan allowance.

BCBS FEP Vision also offers several in-network e-commerce options such as: 1800contacts.com, befitting.com, glasses.com, visionworks.com and warbyparker.com. Check the website for additional options.

Under Standard Option, you must stay in-network for covered services. If you receive care from a non-participating provider, we will not pay for any services unless you reside in a limited access area. Please see Section 4, Your Cost For Covered Services.

Out-of-Network

Under High Option, you may obtain care from any licensed eye care provider. If the provider you use is not part of our network, benefits will be considered out-of-network. Because these providers are out of the BCBS FEP Vision network, we will reimburse you up to the maximum reimbursement amount allowed by the plan (see fee schedule allowances as described in Section 4, Your Cost For Covered Services). You are responsible to pay the out-of-network provider and then submit a claim to receive your reimbursement (see Section 8, Claims Filing and Disputed Claims Processes, for information).

Under Standard Option, you must stay in-network for covered services. If you receive care from a non-participating provider, we will not pay for any services unless you reside in a limited access area. Please see Section 4, Your Cost For Covered Services.

Pre-Authorization

Pre-authorization is only required for:

- Medically necessary contact lenses in the treatment of certain eye health conditions and is obtained by the participating provider.
- The treatment of low vision and is obtained by the participating provider.

FEHB First Payor

When you visit a provider who participates with both your FEHB plan and your FEDVIP plan, and the FEHB plan provides routine vision care and services, the FEHB plan will pay benefits first. The FEDVIP plan allowance will be the prevailing charge in these cases. You are responsible for the difference between the FEHB and FEDVIP benefit payments and the FEDVIP plan allowance. We are responsible for facilitating the process with the primary FEHB payor.

Coordination of Benefits

We do not coordinate benefits with non-FEHB health plans.

Limited Access Areas

If you live in an area that does not have adequate access to an BCBS FEP Vision network provider and you receive covered services from an out-of-network provider, we will pay up to 100% of our Plan Allowance. You are responsible for any difference between the amount billed and our payment. To determine if you are in a limited access area call us at 1-888-550-2583 or TTY: 1-800-523-2847.

Members who reside in areas not meeting access standards* can visit an out-of-network provider, pay billed charges and then be reimbursed based on the Plan Allowance.

***NOTE: Access Standards**

Urban and suburban zip codes: at least 90% of FEDVIP eligibles in a network access area (zip code plus 15 driving-miles) must have access to a vision care preferred provider.

Rural zip codes: at least 80% of FEDVIP eligibles in a network access area (zip code plus 35 driving-miles) must have access to a vision care preferred provider.

Plan Allowance: The maximum benefit payment for services provided in areas not meeting the access standards are shown in the chart below. You are responsible for charges billed over the amounts shown.

Services/Material: Vision Care Exam

High Option We Pay: Up to \$50

Standard Option We Pay: Up to \$50

Services/Material: Single Vision Lenses

High Option We Pay: Up to \$72

Standard Option We Pay: Up to \$72

Services/Material: Bifocal Lenses

High Option We Pay: Up to \$109

Standard Option We Pay: Up to \$109

Services/Material: Trifocal Lenses

High Option We Pay: Up to \$136

Standard Option We Pay: Up to \$136

Services/Material: Lenticular Lenses

High Option We Pay: Up to \$136

Standard Option We Pay: Up to \$136

Services/Material: Contact Lenses

High Option We Pay: Up to \$150

Standard Option We Pay: Up to \$140

Services/Material: Medically Necessary Contact Lenses

High Option We Pay: Up to \$600

Standard Option We Pay: Up to \$600

Services/Material: Frames

High Option We Pay: Up to \$200

Standard Option We Pay: Up to \$140

Section 4 Your Cost for Covered Services

This is what you pay out-of-pocket for covered care:

Copayment

A co-payment is a fixed amount of money you pay to the provider when you receive services.

Example: The BCBS FEP Vision High Option and Standard Option plans, have a \$0 copay for a vision care exam. However, Standard Option has a \$10 copay for lenses. This copay does not apply to the High Option. Please refer to Section 5 for further details.

In-Network Services

When you visit a BCBS FEP Vision network doctor, your vision care exam is covered in full and prescription glasses or contacts are covered after any co-payments. You will also receive 20% off any out-of-pocket costs over your frame allowance and a savings of 15% on any balance over your conventional contact allowance. To receive covered benefits, you must stay in-network if you are enrolled in Standard Option.

Out-of-Network Services

If you are enrolled in Standard Option, you must stay in-network for covered services. If you receive care from a non-participating provider, we will not pay for any services unless you reside in a limited access area.

If you are enrolled in High Option, you'll get more out of your coverage and pay lower out-of-pocket costs when you see a BCBS FEP Vision network doctor. Plus, there are no claim forms to submit when you see an in-network doctor. When you visit an out-of-network provider, you will be reimbursed according to the schedule shown in the chart below. You will be responsible for charges billed over the amounts shown.

Services/Material: Vision Care Exam

We Pay: Up to \$30

Services/Material: Single Vision Lenses

We Pay: Up to \$25

Services/Material: Bifocal Lenses

We Pay: Up to \$35

Services/Material: Trifocal Lenses

We Pay: Up to \$45

Services/Material: Lenticular Lenses

We Pay: Up to \$45

Services/Material: Elective Contact Lenses

We Pay: Up to \$75

Services/Material: Medically Necessary Contact Lenses

We Pay: Up to \$225

Services/Material: Frames

We Pay: Up to \$30

Please see Section 3, How You Obtain Care, for more information.

Section 5 Vision Services and Supplies

Important things you should keep in mind about these benefits:

Please remember that all benefits are subject to the definitions, limitations and exclusions in this brochure and are payable only when we determine they are necessary for the prevention, diagnosis, care or treatment of a covered condition and meet generally accepted protocols.

- All BCBS FEP Vision independent providers are required to extend a 20% discount to all members that purchase additional frames, and/or spectacle lenses and/or daily wear contact lenses, and a 10% discount when purchasing additional disposable contact lenses. This discount can either be in conjunction with their benefit (pair 2, 3, etc.) or at any other time. The materials portion of the member’s benefit does not need to be exhausted first in order for the member to receive this discount.
- We offer additional benefits for children age 13 and under. See full details below.
- We offer additional benefits for members with specific conditions (e.g., diabetes, hypertension) see full details below.
- We added \$50 to your frame allowance at MyEyeDr. High Option members will have a \$250 allowance and Standard Option members will have a \$190 allowance at these locations.

Benefit Description	You Pay	
	High Option	Standard Option
<p>Diagnostic</p> <p>Vision Care Exam: covered in full once every calendar year.</p> <ul style="list-style-type: none"> • Includes dilation, if professionally indicated • Includes refraction only if vision health exam is billed to medical <p>BCBS FEP Vision doctors provide a comprehensive exam that focuses on your eye health and overall wellness</p>	<p>In-Network: Nothing</p> <p>Out-of-Network: Expenses in excess of the fee schedule allowance of \$30</p>	<p>In-Network: Nothing</p> <p>Out-of-Network: All charges</p>
<p>Retinal Imaging</p>	<p>In-Network: \$39 copay</p> <p>Out-of-Network: All charges</p>	<p>In-Network: \$39 copay</p> <p>Out-of-Network: All charges</p>
<p>Eyewear</p> <p>Lenses: one pair every calendar year.</p> <p>Lenses include choice of glass or plastic lenses, all lens powers (single vision, bifocal, trifocal, lenticular), fashion and gradient tinting, ultraviolet protective coating, oversized and glass-grey #3 prescription sunglass lenses.</p> <p>Note: All lenses include scratch-resistant coating with no additional copayment. There may be an additional charge at Costco, LensCrafters, Target Optical, Pearle Vision, Sam’s Club, Walmart and Warby Parker.</p> <p>Note: You may choose prescription glasses or contacts.</p>	<p>In-Network: Nothing</p> <p>Out-of-Network: Expenses in excess of fee schedule allowance of:</p> <p>\$25 single vision</p> <p>\$35 bifocal</p> <p>\$45 trifocal</p> <p>\$45 lenticular</p>	<p>In-Network: \$10 copay</p> <p>Out-of-Network: All charges</p>

Eyewear - continued on next page

Benefit Description	You Pay	
	High Option	Standard Option
Eyewear (cont.)		
Optional Lenses and Treatments	In-Network Only	In-Network Only
Anti-Reflective (AR) Coatings - Standard/Premium/Ultra/Ultimate	\$20/\$33/\$45/\$70	\$35/\$48/\$60/\$85
Blended Segment Lenses	\$20	\$20
Blue Light Filtering Lenses	\$15	\$15
Digital single vision & computer lenses	\$30	\$30
Edge Polish	\$22	\$22
Hi-Index Lenses (1.67/1.74)	\$55/\$120	\$55/\$120
High Luster Edge Polish	\$70	\$70
Intermediate Vision Lenses	\$30	\$30
Mirror Coating	\$86	\$86
Photochromic Glass Lenses	\$20	\$20
Plastic Photosensitive Lenses (Transitions®)	No-Copay	\$65
Polarized Lenses	\$75	\$75
Polycarbonate Lenses	No-Copay	No-Copay
Premium Scratch Resistant	\$30	\$30
Progressives Lenses - Standard/Premium/Ultra/Ultimate	\$0/\$40/\$90/\$125	\$50/\$90/\$140/\$175
Rimless Drill	\$66	\$66
Roll & Polish	\$16	\$16
Roll Edge	\$24	\$24
Scratch Protection Plan	\$0	\$0
Scratch Resistant Coating	\$0	\$0
Scratch Resistant Premium	\$30	\$30
Slab Off	\$186	\$186
Specialty Lens (myodisc/ double sided grind) and Lenticular)	\$206	\$206
Tinted Lenses	No-Copay	No-Copay
Trivex Lenses	\$50	\$50
Ultraviolet Protective Coating	No-Copay	No-Copay
Frame: Covered once every calendar year.	In-Network:	In-Network:
Receive an additional \$50 towards your frame allowance at MyEyeDr. locations.	Collection Frame: Nothing	Collection Frame: Nothing
Note: Additional discounts are available from participating providers except Costco, LensCrafters, Target Optical, Pearle Vision, Sam's Club, Walmart and Warby Parker.	Nothing for frames up to \$200 frame allowance. Additionally, a 20% discount applies to any amount over \$200	Nothing for frames up to \$140 frame allowance. Additionally, a 20% discount applies to any amount over \$140*
Note: "Collection" frames with retail values up to \$195 are available at no cost at most participating independent providers. Retail chain providers typically do not display the "Collection," but are required to maintain a comparable selection of frames that are covered in full.	\$250 frame allowance at MyEyeDr. locations. The additional 20% discount does not apply.	\$190 frame allowance at MyEyeDr. locations. Additional 20% discount does not apply.
	Out-of-Network: Expenses in excess of fee schedule allowance of \$30	Out-of-Network: All charges

Benefit Description	You Pay	
	High Option	Standard Option
<p>Contact Lenses</p> <p>Contact Lenses: covered once every calendar year – in lieu of eyeglasses.</p> <p>*Note: Additional discounts are available from participating providers except Costco, LensCrafters, Target Optical, Pearle Vision, Sam’s Club, Walmart and Warby Parker.</p> <p>**Note: Pre-authorization is required.</p>	<p>In-Network:</p> <p>Expenses in excess of a \$150 allowance. Additionally, a 15% discount applies to any amount over \$150.*</p> <p>The evaluation, fitting and follow-up care is covered in full for Non-Specialty contact lenses. For Specialty lenses (including, but not limited to, toric, multifocal and gas permeable lenses), you receive \$60 toward the contact lens evaluation and fitting, plus a 15% discount off the balance over \$60*. Participating providers will bill you for anything over the \$60 less the discount so you do not have to file a claim.</p> <p>Expenses in excess of \$600 for medically necessary contact lenses.**</p> <p>Out-of-Network: Expenses in excess of fee schedule allowance of:</p> <p>\$75 elective contact lenses</p> <p>\$225 medically necessary contact lenses</p>	<p>In-Network:</p> <p>Expenses in excess of a \$140 allowance. Additionally, a 15% discount applies to any amount over \$140.*</p> <p>The cost of the evaluation, fitting and follow-up care is not covered. The remaining balance of a \$140 allowance after purchasing contact lenses may be applied toward the cost of evaluation, materials, fitting, and follow up care.</p> <p>Participating providers usually charge separately for the evaluation, fitting, or follow-up care relating to contact lenses. When this occurs and the value of the Contact Lenses received is less than the allowance, you may submit a claim for the remaining balance (the combined reimbursement will not exceed \$140).</p> <p>Expenses in excess of \$600 for medically necessary contact lenses.**</p> <p>Out-of-Network: All charges</p>

Warranty

BCBS FEP Vision “Collection” frames and all eyeglass lenses manufactured in BCBS FEP Vision laboratories are guaranteed for one year from the original date of dispensing. Warranty limitations may apply to provider or retailer supplied frames and/or eyeglass lenses. Please ask your provider for details of the warranty that is available to you.

Child Benefit

Benefit applies to children 13 years of age and under.

In-Network Only – High Option and Standard Option

One additional vision care exam is covered in full every calendar year

If prescription changes, one additional pair of lenses covered in full for High Option members, \$10 copay for Standard Option members and one additional pair of frames – collection frames covered in full, non-collection frames subject to allowance, plus a 20% discount on any amount over the allowance. The prescription must have changed at least a 0.5 diopter or the seg height changed at least a 5.0 millimeter, or lens type changed, e.g. (from single vision to bifocal). **Pre-authorization is required.**

Medical Condition Benefit

This benefit provides additional coverage to members who have been diagnosed with the following conditions: Diabetes, Hypertension, Kidney Disease, Dementia, Pregnancy, HNCRT (Head and Neck Cancer Patients with Radiation Therapy).

In-Network Only - High Option and Standard Option

One additional vision care exam is covered in full every calendar year.

If prescription changes, one additional pair of lenses covered in full for High Option members, \$10 copay for Standard Option members. The prescription must have changed at least 0.5 diopter or the seg height changed at least a 5.0 millimeter, or lens type changed, e.g. (from single vision to bifocal). **Pre-authorization is required.**

Low Vision

Low Vision: Low vision is a significant loss of vision but not total blindness. Ophthalmologists and optometrists specializing in low vision care can evaluate and prescribe optical devices, and provide training and instruction to maximize the remaining usable vision for our members with low vision. After pre-authorization by BCBS FEP Vision, covered low vision services (both in- and out-of-network) will include one comprehensive low vision evaluation every 5 years, with a maximum charge of \$300; maximum low vision aid allowance of \$600 with a lifetime maximum of \$1,200 for items such as high-power spectacles, magnifiers and telescopes; and follow-up care – four visits in any five-year period, with a maximum charge of \$100 each visit. Participating providers will obtain the necessary **pre-authorization** for these services.

Medically Necessary Contact Lenses

Medically Necessary Contact Lenses: Contact lenses may be determined to be medically necessary and appropriate in the treatment of patients affected by certain conditions. Clinical documentation may be requested from your doctor to support the medically necessary contact lenses. Contact lenses may be determined to be medically necessary in the treatment of specific eye conditions such as:

Keratoconus

High Ametropia

Anisometropia

Aphakia

Aniridia

Moderate to Severe Dry Eye Disease

Irregular Astigmatism

Having the diagnosis of a particular eye condition does not guarantee that the contact lenses would be determined to meet the criteria as outlined in the clinical guidelines.

Discounts

Blue365® Discounts

As a member of BCBS FEP Vision, you have access to exclusive health and wellness discounts through the Blue365® Program, including some of the industry's best discounts:

Low-cost gym memberships - Discounts on low-cost monthly gym memberships with access to over 10,000 locations through vendors such as Fitness your Way® and Gympass®

Wearable devices - Discounts on wearable devices such as Fitbit®, Garmin® and more

Eyewear and Vision Care Discounts - Members receive discounts on additional pairs of eyewear when using the Davis Vision® network providers

Gym shoes and athletic apparel - Discounts on Reebok® and Skechers®

Dieting, Healthy Eating, and Organic Food Delivery - Discounts on Jenny Craig®, Nutrisystem®, Farmbox®, and Sun Basket® food delivery

Travel Discounts on Hotels, Rental Cars, and Vacation Packages - Discounts on Hotels.com™, Walt Disney World®, and rental cars from Avis® and Budget®

How to Sign Up

1. Visit www.Blue365Deals.com/fep and click on "Register".
2. Enter your personal information (First Name, Last Name, Email, etc.).
3. For the Member ID Prefix, please use the first three digits of your member ID card
4. Read and accept the terms, and click "Register" to start saving! Visit www.blue365deals.com/fep to register and start saving today.

Laser Vision Correction: BCBS FEP Vision members can realize substantial discounts on laser correction procedures using the QualSight Network. For more details visit our website at <https://bcbsfepvision.com/additional-discounts/>.

Your Hearing Network: BCBS FEP Vision members have access to a hearing health care program through Your Hearing Network (YHN). For more details visit our website at <https://bcbsfepvision.com/additional-discounts/>.

Discount: All BCBS FEP Vision independent providers are required to extend a 20% discount to all members that purchase additional frames, and/or spectacle lenses and/or daily wear contact lenses, and a 10% discount when purchasing additional disposable contact lenses. This discount can either be in conjunction with their benefit (pair 2, 3, etc.) or at any other time. The materials portion of the member's benefit does not need to be exhausted first in order for the member to receive this discount.

NOTE: Retail locations are not required to provide this discount.

Vision Simulator

Description: Experience vision issues with the Vision Simulator: See through the eyes of someone affected by glaucoma, cataract, diabetic retinopathy, presbyopia, glare, and macular degeneration – experience the impact these common conditions have on sight. How would your daily activities be impacted? What moments would you lose; whose faces would you miss? Try our vision simulator by visiting <https://bcbsfepvision.com/visionsimulator>.

Virtual Frame Try-on

Description: Our frame try-on tool, allows you to try our Exclusive Collection frames from the convenience of your phone, tablet, or computer. Use your webcam to see what the frames look like on you or you can select a model. Try our virtual frame try-on by visiting <https://bcbsfepvision.com/framestryon>.

AskBlue BCBS FEP Vision Plan Finder

Description: Need help choosing between High Option and Standard Option? AskBlue makes it easy. In just 10 minutes, you can answer some simple questions and get recommended a plan based on your needs. Try AskBlue by visiting askblue.bcbsfepvision.com

Member Portal

Description: Visit our member portal at www.bcbsfepvision.com/portal to, view your benefits, locate an in-network provider, check the status of your claims, request claim forms, request a duplicate or replacement ID card, Additional features include:

- Online EOBs – You can view, download, and print your explanation of benefits (EOB) forms. Simply log on to www.bcbsfepvision.com/portal, enter your credentials from there you can search claims and select the “EOB” link next to each claim to access your EOB. You can also access EOBs via the bcbsfepvision mobile app.
- Check eligibility – You can verify all the eligible members on your account.
- Submit an out-of-network claim – If you choose to see an out-of-network provider you can submit your claim online in the member portal or via the bcbsfepvision mobile app.
- Shop online retailers – You can access our online retail partners website by clicking on the retailer's name.

BCBS FEP Vision Mobile Application

Description: Blue Cross and Blue Shield FEP Vision’s mobile application is available for download for both iOS and Android mobile phones. The application provides members with 24/7 access to helpful features, tools and information related to Blue Cross and Blue Shield FEP Vision benefits. Members can log in with their vision username and password to access personal eye care information such as benefits, out-of-pocket costs, and wellness information. They can also view claims and approval status, view/share Explanations of Benefits (EOBs), view/share member ID cards, and locate in-network providers and access shop online retailers.

Social Media

Description: Follow us @bcbsfepvision on Facebook and Twitter for the latest information happening at BCBS FEP Vision.

Virtual Experience

Description: We’re thrilled to offer a unique, one-of-a-kind virtual experience! Don’t miss this engaging, entertaining and educational experience for you to explore more about our vision care plans. View this virtual experience on your computer or mobile device by going to bcbsfepvisionos.com.

Section 6 International Services and Supplies

If you travel or live outside the United States and Puerto Rico, you are still entitled to the benefits described in this brochure. Unless otherwise noted in this section, the same definitions, limitations, and exclusions also apply.

Please note that pre-authorization does not apply when you receive care outside of the United States and Puerto Rico. You or your provider must submit an explanation of medical necessity for the services listed in Section 3, How You Obtain Care, when you receive these services outside of the United States and Puerto Rico.

International Claims Payment For professional care you receive overseas, we provide benefits as indicated below. You are responsible for any difference between our payment and the amount billed, in addition to any copayment amounts. You must also pay any charges for non-covered services.

Finding an International Provider We do not maintain a network of providers outside the United States and Puerto Rico. You may visit any international provider of your choice and be reimbursed up to the amount listed under "International Plan Allowances" below.

Filing International Claims International providers are under no obligation to file claims on behalf of our members. **You may need to pay for the services at the time you receive them and then submit a claim to us for reimbursement.** Claim forms are available at www.bcbsfepvision.com or via email at fepmemberhelp@davisvision.com. To file a claim for covered vision care services received outside the United States and Puerto Rico, send completed claim forms and itemized bills to:

Blue Cross Blue Shield FEP Vision
P.O. Box 2010
Latham, New York 12110-2010

Or you may fax your claim to 518-220-6555. Please contact us at fepmemberhelp@davisvision.com to let us know you would like to submit your claim via email. We will respond with instructions on how to securely submit your claim.

Customer Service Website and Phone Numbers Contact us at: www.bcbsfepvision.com, via email at fepmemberhelp@davisvision.com or at 1-518-220-6569, TTY: 1-800-523-2847.

International Plan Allowances You may need to pay the provider in-full at the time of service and you will be reimbursed up to the amounts shown below:

Services/Material: Vision Care Exam
High Option We Pay: Up to \$60
Standard Option We Pay: Up to \$60

Services/Material: Single Vision Lenses
High Option We Pay: Up to \$72
Standard Option We Pay: Up to \$72

Services/Material: Bifocal Lenses
High Option We Pay: Up to \$109
Standard Option We Pay: Up to \$109

Services/Material: Trifocal Lenses
High Option We Pay: Up to \$136
Standard Option We Pay: Up to \$136

Services/Material: Lenticular Lenses
High Option We Pay: Up to \$136
Standard Option We Pay: Up to \$136

Services/Material: Contact Lenses

High Option We Pay: Up to \$150

Standard Option We Pay: Up to \$140

Services/Material: Medically Necessary Contact Lenses

High Option We Pay: Up to \$600

Standard Option We Pay: Up to \$600

Services/Material: Frames

High Option We Pay: Up to \$200

Standard Option We Pay: Up to \$140

Section 7 General Exclusions – Things We Do Not Cover

The exclusions in this section apply to all benefits.

We do not cover the following:

- Services provided by non-participating providers for Standard Option members;
- Any charges in excess of the benefit, dollar, or supply limits stated in this brochure;
- Any vision service, treatment or materials not specifically listed as a covered service;
- Any exams given during your stay in a hospital or other facility for medical care;
- Drugs or medicines;
- Services and materials that are experimental or investigational;
- Services or materials which are rendered prior to your effective date;
- Services and materials incurred after the termination date of your coverage unless otherwise indicated;
- Services and materials not meeting accepted standards of optometric practice;
- Services and materials resulting from your failure to comply with professionally prescribed treatment;
- Benefits may not be combined with any discount or promotional offering unless otherwise noted in an offer.
- Telephone consultations;
- Any charges for failure to keep a scheduled appointment;
- Any services that are strictly cosmetic in nature including, but not limited to, charges for personalization or characterization of prosthetic appliances;
- Services or materials provided as a result of intentionally self-inflicted injury or illness;
- Services or materials provided as a result of injuries suffered while committing or attempting to commit a felony, engaging in an illegal occupation, or participating in a riot, rebellion or insurrection;
- Office infection control charges;
- Charges for copies of your records, charts, or any costs associated with forwarding/mailing copies of your records or charts;
- State or territorial taxes on vision services and materials;
- Medical treatment of eye disease or injury;
- Special vision procedures, such as orthoptics, vision therapy or vision training;
- Special lens designs or coatings other than those described in this brochure;
- Special supplies such as nonprescription sunglasses and subnormal vision aids;
- Replacement of lost/stolen eyewear;
- Non-prescription (Plano) lenses;
- Two pairs of eyeglasses in lieu of bifocals;
- Services not performed by licensed personnel;
- Prosthetic devices and services;
- Insurance of contact lenses;
- Professional services you receive from immediate relatives or household members, such as a spouse, parent, child, sibling, by blood, marriage or adoption.
- Copayments and coinsurance for medical services or other insurance are not reimbursable.

Section 8 Claims Filing and Disputed Claims Processes

How to File a Claim for Covered Services

If your vision care provider is in the participating network, they will file the claim for you, and payment will be sent directly to the vision care provider.

If you live in a limited access area, overseas or if you obtain services from a non-participating provider (High Option only), you are responsible for filing the claim. You can submit your out-of-network claim electronically using the mobile app, member log-in portal on our website or you can obtain claim forms on the website at www.bcbsfepvision.com or call 1-888-550-2583 or TTY: 1-800-523-2847.

You can also submit an out-of-network claim form along with copies of the provider's bills by mail to:

Blue Cross Blue Shield FEP Vision
P.O. Box 2010
Latham, New York 12110-2010

Deadline for Filing Your Claim

International claims, those incurred in limited access areas and out-of-network claims* must be submitted to BCBS FEP Vision within 12 months of the date of service for reimbursement.

* High Option Only

Disputed Claims Process

Follow this disputed claims process if you disagree with our decision on your claim or request for services. **The FEDVIP law does not provide a role for OPM to review disputed claims.**

Disputed Claim Steps:

1. Ask us in writing to reconsider our initial decision. You must:

- a) Write to us within 6 months from the date of our decision; and
- b) Send your request to us at the address shown below; and
- c) Include a statement about why you believe our initial decision was wrong, based on specific benefit provisions in this brochure; and
- d) Include copies of documents that support your claim, such as doctor's letters, and explanation of benefits (EOB) forms.

Blue Cross Blue Shield FEP Vision
P.O. Box 2010
Latham, New York 12110-2010
FAX: 1-800-403-1783
Email: fepmemberhelp@davisvision.com

2. We have 30 days from the date we receive your request to:

- a) Pay the claim or
- b) Write to you and maintain our denial or
- c) Ask you or your provider for more information.

You or your provider must send the information so that we receive it within 60 days of our request. We will then decide within 30 more days. If we do not receive the information within 60 days, we will decide within 30 days of the date the information was due. We will base our decision on the information we already have. We will write to you with our decision.

3. If the dispute is not resolved through the reconsideration process, you may request a review of the denial. We will make a decision within 35 days of the date we receive your request in writing.

4. If you do not agree with our final decision, you may request an independent third party, mutually agreed upon by us and OPM, review the decision. The decision of the independent third party is binding on us and is the final administrative review of your claim. This decision is not subject to judicial review.

Section 9 Definitions of Terms We Use in This Brochure

Annuitants	Federal retirees (who retired on an immediate annuity), and survivors (of those who retired on an immediate annuity or died in service) receiving an annuity. This also includes those receiving compensation from the Department of Labor's Office of Workers' Compensation Programs, who are called compensationers. Annuitants are sometimes called retirees.
BENEFEDS	The enrollment and premium administration system for FEDVIP.
Benefits	Covered services or payment for covered services to which enrollees and covered family members are entitled to the extent provided by this brochure.
Enrollee	The Federal employee, annuitant, or TRICARE-eligible individual enrolled in this plan.
FEDVIP	Federal Employees Dental and Vision Insurance Program.
Plan Allowance	The maximum benefit payment for services received. Please refer to Section 4, Your Cost for Covered Services, for the maximum benefit payment for services received in limited access areas or out-of-network and Section 6, International Services and Supplies, for services received outside the United States or Puerto Rico.
Pre-Authorization	This is the procedure used by the plan to pre-approve services and the amount that the plan will cover.
Sponsor	Generally, a sponsor means the individual who is eligible for medical or dental benefits under 10 U.S.C. chapter 55 based on their direct affiliation with the uniformed services (including military members of the National Guard and Reserves).
TEI certifying family member	Under circumstances where a sponsor is not an enrollee, a TEI family member may accept responsibility to self-certify as an enrollee and enroll TEI family members
TRICARE-eligible individual (TEI) family member	TEI family members include a sponsor's spouse, unremarried widow, unremarried widower, unmarried child, and certain unmarried persons placed in a sponsor's legal custody by a court. Children include legally adopted children, stepchildren, and pre-adoptive children. Children and dependent unmarried persons must be under age 21 if they are not a student, under age 23 if they are a full-time student, or incapable of self-support because of a mental or physical incapacity.
We/Us	Blue Cross Blue Shield FEP Vision.
You	Enrollee or eligible family member.

Stop Health Care Fraud!

Fraud increases the cost of health care for everyone and increases your Federal Employees Dental and Vision Insurance Program premium.

Protect Yourself From Fraud – Here are some things that you can do to prevent fraud:

- Do not give your plan identification (ID) number over the telephone or to people you do not know, except to your providers, plan, BENEFEDS or OPM.
- Let only the appropriate providers review your clinical record or recommend services.
- Avoid using providers who say that an item or service is not usually covered, but they know how to bill us to get it paid.
- Carefully review your explanation of benefits (EOBs) statements, which are available online at www.bcbsfepvision.com.
- Do not ask your provider to make false entries on certificates, bills or records in order to get us to pay for an item or service.
- If you suspect that a provider has charged you for services you did not receive, billed you twice for the same service, or misrepresented any information, do the following:
 - Call the provider and ask for an explanation. There may be an error.
 - If the provider does not resolve the matter, call us at 1-888-550-BLUE (2583) or TTY: 1-800-523-2847 and explain the situation.
- **Federal Civilians** - Do not maintain as a family member on your policy:
 - your former spouse after a divorce decree or annulment is final (even if a court order stipulates otherwise); or
 - your child over age 22 (unless they are disabled and incapable of self-support).
- **TRICARE Eligibles** - Do not maintain as a family member on your policy:
 - Your child over age 21 if they are not enrolled in school (unless they are disabled or incapable of self-support)
 - Your child over age 23 if they are enrolled in school (unless they are disabled or incapable of self-support)

If you have any questions about the eligibility of a dependent, please contact BENEFEDS.

Be sure to review Section 1, Eligibility, of this brochure, prior to submitting your enrollment or obtaining benefits.

Fraud or intentional misrepresentation of material fact is prohibited under the plan. You can be prosecuted for fraud and your agency may take action against you if you falsify a claim to obtain FEDVIP benefits or try to obtain services for someone who is not an eligible family member or who is no longer enrolled in the plan, or enroll in the plan when you are no longer eligible.

Summary of Benefits

- **Do not rely on this chart alone.** This page summarizes specific expenses we cover; for more detail, please review the individual sections of this brochure.
- We offer additional benefits for children age 13 and under as well as members with specific conditions (e.g., diabetes, hypertension) see full details in Section 5.
- We offer an additional \$50 frame allowance if you utilize a MyEyeDr. location.
- If you want to enroll or change your enrollment in this plan, please visit www.BENEFEDS.com or call 1-877-888-FEDS (1-877-888-3337), TTY number 1-877-889-5680.

Covered Services In-Network

Vision Care Exams (a comprehensive exam that focuses on your eye health and overall wellness)

High Option You Pay: Nothing

Standard Option You Pay: Nothing

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Standard Eyeglass Lenses (Contact lenses may be obtained in lieu of glasses) Optional Lens Treatments

High Option You Pay: Nothing. Some additional copays

Standard Option You Pay: \$10, Some additional copays

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Frame Allowance - Collection Frames:

High Option You Pay: Nothing

Standard Option You Pay: Nothing

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Frame Allowance - Frame Allowance

High Option You Pay: Any amount over the \$200 Plan allowance after a 20% discount. At MyEyeDr. you pay any amount over \$250 frame allowance. 20% discount does not apply.

Standard Option You Pay: Any amount over the \$140 Plan allowance after a 20% discount. At MyEyeDr. you pay any amount over \$190 frame allowance. 20% discount does not apply.

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Contact Lenses

High Option You Pay: Any amount over the \$150 Plan allowance after a 15% discount For Non-Specialty contact lenses the Evaluation, Fitting and Follow-up care are covered in full at network providers.

Standard Option You Pay: Any amount over the \$140 Plan allowance after a 15% discount

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Laser Vision Correction

High Option You Pay: The provider's charge after the negotiated discount

Standard Option You Pay: The provider's charge after the negotiated discount

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See Section 4, Your Cost for Covered Services, for the Out-of-Network benefits available under High Option. See Section 5, Vision Services and Supplies for complete benefit information

Notes

Notes

Rate Information

High - Bi-Weekly			High - Monthly		
Self Only	Self Plus One	Self and Family	Self Only	Self Plus One	Self and Family
\$5.52	\$11.03	\$16.55	\$11.96	\$23.90	\$35.86

Standard - Bi-Weekly			Standard - Monthly		
Self Only	Self Plus One	Self and Family	Self Only	Self Plus One	Self and Family
\$3.53	\$7.05	\$10.58	\$7.65	\$15.28	\$22.92