# **Blue Cross Blue Shield FEP Dental**<sup>®</sup>

www.bcbsfepdental.com

1-855-504-BLUE (2583)

BlueCross FEP Dental®

## A Nationwide Dental PPO Plan

Who may enroll in this Plan: All Federal employees, annuitants, and certain TRICARE beneficiaries in the United States and overseas who are eligible to enroll in the Federal Employees Dental and Vision Insurance Program.

### IMPORTANT

- Rates: Back Cover
- Summary of Benefits: Page 46

2024

### **Enrollment Options for this Plan:**

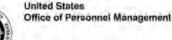
- High Option Self Only
- High Option Self Plus One
- High Option Self and Family

- Standard Option Self Only
- Standard Option Self Plus One
- Standard Option Self and Family

This Plan has five enrollment regions, including international; please see the end of this brochure to determine your region and corresponding rates.



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Healthcare and Insurance http://www.opm.gov/insure



### Introduction

On December 23, 2004, President George W. Bush signed the Federal Employee Dental and Vision Benefits Enhancement Act of 2004 (Public Law 108-496). The law directed the Office of Personnel Management (OPM) to establish supplemental dental and vision benefit programs to be made available to Federal employees, annuitants, and their eligible family members. In response to the legislation, OPM established the Federal Employees Dental and Vision Insurance Program (FEDVIP). OPM has contracted with dental and vision insurers to offer an array of choices to Federal employees and annuitants. Section 715 of the National Defense Authorization Act for Fiscal Year 2017 (FY 2017 NDAA), Public Law 114-38, expanded FEDVIP eligibility to certain TRICARE-eligible individuals.

This brochure describes the benefits of BCBS FEP Dental under the Blue Cross and Blue Shield Association's contract OPM02-FEDVIP-02AP-03 with OPM, as authorized by the FEDVIP law. The address for our administrative office is:

Blue Cross Blue Shield FEP Dental PO Box 75 Minneapolis, MN 55440-0075 1-855-504-BLUE (2583) www.bcbsfepdental.com

This brochure is the official statement of benefits. No oral statement can modify or otherwise affect the benefits, limitations, and exclusions of this brochure. It is your responsibility to be informed about your benefits.

If you are enrolled in this Plan, you are entitled to the benefits described in this brochure. If you are enrolled in Self Plus One, you and your designated family member are entitled to these benefits. If you are enrolled in Self and Family coverage, each of your eligible family members is also entitled to these benefits, if they are also listed on the coverage. You and your family members do not have a right to benefits that were available before January 1, 2024 unless those benefits are also shown in this brochure.

OPM negotiates rates with each carrier annually. Rates are shown at the end of this brochure.

BCBS FEP Dental is responsible for the selection of in-network dentists in your area. Contact us at 1-855-504-BLUE (2583) or TTY: 711 for the names of participating dentists or to request a Zip code-based dentist directory. Network dentists are listed on our website at <u>www.bcbsfepdental.com/findadentist</u> and on the BCBS FEP Dental mobile app. Our directory is updated weekly. You may also contact us at 1-855-504-BLUE (2583) for further assistance. Continued participation of any specific dentist cannot be guaranteed. Thus, you should choose your plan based on the benefits provided and not on a specific dentist's participation. When you phone for an appointment, please remember to verify that the dentist is currently in the BCBS FEP Dental network. If your dentist is not currently participating in the network, you can nominate them to join. Dentist nominations can be submitted online or via the mobile app. You can also print a nomination form from our website at <u>www.bcbsfepdental.com</u> or call us at 1-855-504-BLUE (2583) and we will send you a form. Bring the form to your dentist and ask them to complete it if they are interested in participating in our network. **You cannot change plans outside of Open Season because of changes to the dentist network**.

The network may be more extensive in some areas than others. We cannot guarantee the availability of every specialty in all areas. If you require the services of a specialist and one is not available in your area, contact us for assistance. Please be aware that the BCBS FEP Dental network may be different from your health plan's network.

# This BCBS FEP Dental Plan and all other FEDVIP plans are not a part of the Federal Employees Health Benefits (FEHB) Program.

We want you to know that protecting the confidentiality of your individually identifiable health information is of the utmost importance to us. To review full details about our privacy practices, our legal duties, and your rights, visit our website at <u>www.bcbsfepdental.com</u> and link to the "Policies" at the bottom of the page. If you do not have access to the internet or would like further information, contact us by calling 1-855-504-BLUE (2583) or 711 for TTY relay.

### Discrimination is Against the Law

BCBS FEP Dental complies with all applicable Federal civil rights laws, to include both Title VII of the Civil Rights Act of 1964 and Section 1557 of the Affordable Care Act. Pursuant to Section 1557, BCBS FEP Dental does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, or sex.

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### **Benefit Changes:**

### **Changes for both High and Standard Options**

- We will cover two routine oral exams and one additional exam if a problem happens between checkups. We previously covered just two oral exams.
- We will cover nitrous oxide (laughing gas) for children 5 and under and other individuals with a medical condition that may require it.

### We've added the following procedure codes:

- D2989 Excavation of a tooth resulting in the determination of non-restorability
- D6089 Accessing and retorquing loose implant screw per screw

## **FEDVIP Program Highlights**

A Choice of Plans and Options	You can select from several nationwide, and in some areas, regional dental Preferred Provider Organization (PPO) or Health Maintenance Organization (HMO) plans, and High and Standard coverage options. You can also select from several nationwide vision plans. You may enroll in a dental plan or a vision plan, or both. Some TRICARE beneficiaries may not be eligible to enroll in both. Visit <u>www.opm.gov/dental</u> or <u>www.opm.gov/vision</u> for more information.
Enroll Through BENEFEDS	You enroll online at <u>www.BENEFEDS.com</u> . Please see Section 2, Enrollment, for more information.
Dual Enrollment	If you or one of your family members is enrolled in or covered by one FEDVIP plan, that person cannot be enrolled in or covered as a family member by another FEDVIP plan offering the same type of coverage; i.e., you (or covered family members) cannot be covered by two FEDVIP dental plans or two FEDVIP vision plans.
Coverage Effective Date	If you sign up for a dental and/or vision plan during the 2023 Open Season, your coverage will begin on January 1, 2024. Premium deductions will start with the first full pay period beginning on/after January 1, 2024. You may use your benefits as soon as your enrollment is confirmed.
Pre-Tax Salary Deduction for Employees	Employees automatically pay premiums through payroll deductions using pre-tax dollars. Annuitants automatically pay premiums through annuity deductions using post-tax dollars. TRICARE enrollees automatically pay premiums through payroll deduction or automatic bank withdrawal (ABW) using post-tax dollars.
Annual Enrollment Opportunity	Each year, an Open Season will be held, during which you may enroll or change your dental and/or vision plan enrollment. This year, Open Season runs from November 13, 2023 through midnight EST December 11, 2023. You do not need to re-enroll each Open Season unless you wish to change plans or plan options; your coverage will continue from the previous year. In addition to the annual Open Season, there are certain events that allow you to make specific types of enrollment changes throughout the year. Please see Section 2, Enrollment, for more information.
Continued Group Coverage After Retirement	Your enrollment or your eligibility to enroll may continue after retirement. You do not need to be enrolled in FEDVIP for any length of time to continue enrollment into retirement. Your family members may also be able to continue enrollment after your death. Please see Section 1, Eligibility, for more information.
Compliance with the American Dental	FEDVIP abides by the Current Dental Terminology (CDT) codification system in accordance with standards set by the American Dental Association (ADA).
Association (ADA)	Current Dental Terminology (CDT), Copyright © American Dental Association. All rights reserved.

## Section 1 Eligibility

Federal Employees	If you are a Federal or U.S. Postal Service employee, you are eligible to enroll in FEDVIP, if you are eligible for the Federal Employees Health Benefits (FEHB) Program or the Health Insurance Marketplace (Exchange) and your position is not excluded by law or regulation, you are eligible to enroll in FEDVIP. Enrollment in the FEHB Program or a Health Insurance Marketplace (Exchange) plan is not required.
Temporary / Seasonal Employees	Certain temporary, intermittent, and seasonal Federal and U.S. Postal Service employees are now eligible to enroll in FEDVIP. To be eligible, these employees must be expected to work 130 hours per calendar month for at least 90 days. In addition, certain firefighters hired under a temporary appointment and intermittent emergency response personnel are eligible to enroll in FEDVIP. The employing agency must determine and notify these employees of their eligibility.
Federal Annuitants	You are eligible to enroll if you:
	• retired on an immediate annuity under the Civil Service Retirement System (CSRS), the Federal Employees Retirement System (FERS) or another retirement system for employees of the Federal Government;
	<ul> <li>retired for disability under CSRS, FERS, or another retirement system for employees of the Federal Government.</li> </ul>
	Your FEDVIP enrollment will continue into retirement if you retire on an immediate annuity or for disability under CSRS, FERS or another retirement system for employees of the Government, regardless of the length of time you had FEDVIP coverage as an employee. There is no requirement to have coverage for 5 years of service prior to retirement in order to continue coverage into retirement, as there is with the FEHB Program.
	Your FEDVIP coverage will end if you retire on a Minimum Retirement Age (MRA) + 10 retirement and postpone receipt of your annuity. You may enroll in FEDVIP again when you begin to receive your annuity.
Survivor Annuitants	If you are a survivor of a deceased Federal/U.S. Postal Service employee or annuitant and you are receiving an annuity, you may enroll or continue the existing enrollment.
Compensationers	A compensationer is someone receiving monthly compensation from the Department of Labor's Office of Workers' Compensation Programs (OWCP) due to an on-the-job injury/illness who is determined by the Secretary of Labor to be unable to return to duty. You are eligible to enroll in FEDVIP or continue FEDVIP enrollment into compensation status.
TRICARE-eligible individual	An individual who is eligible for FEDVIP dental coverage based on the individual's eligibility to previously be covered under the TRICARE Retiree Dental Program or an individual eligible for FEDVIP vision coverage based on the individual's enrollment in a specified TRICARE health plan.
	Retired members of the uniformed services and National Guard/Reserve components, including "gray-area" retirees under age 60 and their families are eligible for FEDVIP dental coverage. These individuals, if enrolled in a TRICARE health plan, are also eligible for FEDVIP vision coverage. In addition, uniformed services active-duty family members who are enrolled in a TRICARE health plan are eligible for FEDVIP vision coverage.

Family Members	Except with respect to TRICARE-eligible individuals, family members include your spouse and unmarried dependent children under age 22. This includes legally adopted children and recognized natural children who meet certain dependency requirements. This also includes stepchildren and foster children who live with you in a regular parent-child relationship. Under certain circumstances, you may also continue coverage for a disabled child 22 years of age or older who is incapable of self-support. FEDVIP rules and FEHB rules for family member eligibility are <b>NOT</b> the same. For more information on family member eligibility visit the website at www.opm.gov/healthcare-insurance/dental-vision/ or contact your employing agency or retirement system.
	With respect to TRICARE-eligible individuals, family members include your spouse, unremarried widow, unremarried widower, unmarried child, and certain unmarried persons placed in your legal custody by a court.
	Children include legally adopted children, stepchildren, and pre-adoptive children. Children and dependent unmarried persons must be under age 21 if they are not a student, under age 23 if they are a full-time student, or incapable of self-support because of a mental or physical incapacity.
Not Eligible	The following persons are not eligible to enroll in FEDVIP, regardless of FEHB eligibility or receipt of an annuity or portion of an annuity:
	Deferred annuitants
	Former spouses of employees or annuitants
	Note: Former spouses of TRICARE-eligible individuals may enroll in a FEDVIP dental plan
	• FEHB Temporary Continuation of Coverage (TCC) enrollees
	• Anyone receiving an insurable interest annuity who is not also an eligible family member
	Active-duty uniformed service members
	Note: If you are an active-duty uniformed service member, your dental and vision coverage will be provided by TRICARE. Your family members will still be eligible to enroll in the TRICARE Dental Plan (TDP)

• Temporary/seasonal employees who do not meet the 130 hours per calendar month for 90 days

### **Section 2 Enrollment**

Enroll Through BENEFEDS	You must use BENEFEDS to enroll or change enrollment in a FEDVIP plan. BENEFEDS is a secure enrollment website ( <u>www.BENEFEDS.com</u> ) sponsored by OPM. If you do not have access to a computer, call 1-877-888-FEDS (3337), TTY number 1-877-889-5680 to enroll or change your enrollment.
	If you are currently enrolled in FEDVIP and do not want to change plans, your enrollment will continue automatically. Please Note: Your plans' premiums may change for 2024.
	<b>Note:</b> You cannot enroll or change enrollment in a FEDVIP plan using the Health Benefits Election Form (SF 2809) or through an agency self-service system, such as Employee Express, PostalEase, EBIS, MyPay, or Employee Personal Page. However, those sites may provide a link to BENEFEDS.
Enrollment Types	<b>Self Only:</b> A Self Only enrollment covers only you as the enrolled employee or annuitant. You may choose a Self Only enrollment even though you have a family; however, your family members will not be covered under FEDVIP.
	<b>Self Plus One:</b> A Self Plus One enrollment covers you as the enrolled employee or annuitant plus one eligible family member whom you specify. You may choose a Self Plus One enrollment even though you have additional eligible family members, but the additional family members will not be covered under FEDVIP.
	<b>Self and Family:</b> A Self and Family enrollment covers you as the enrolled employee or annuitant and all of your eligible family members. You must list all eligible family members when enrolling.
Dual Enrollment	If you or one of your family members is enrolled in or covered by one FEDVIP plan, that person cannot be enrolled in or covered as a family member by another FEDVIP plan offering the same type of coverage; i.e., you (or covered family members) cannot be covered by two FEDVIP dental plans or two FEDVIP vision plans.
	Open Season
	If you are an eligible employee, annuitant, or TRICARE-eligible individual, you may enroll in a dental and/or vision plan during the November 13, through midnight EST December 11, 2023, Open Season. Coverage is effective January 1, 2024.
	During future annual Open Seasons, you may enroll in a plan, or change or cancel your dental and/ or vision coverage. The effective date of these Open Season enrollments and changes will be set by OPM. <b>If you want to continue your current enrollment, do nothing. Your enrollment</b> <b>carries over from year to year, unless you change it.</b>
	New hire/Newly eligible
	You may enroll within 60 days after you become eligible as:
	• a new employee;
	• a previously ineligible employee who transferred to a covered position;
	• a survivor annuitant if not already covered under FEDVIP;
	• an employee returning to service following a break in service of at least 31 days; or
	• a TRICARE-eligible individual.
	Qualifying Life Event
	A qualifying life event (QLE) is an event that allows you to enroll, or if you are already enrolled, allows you to change your enrollment outside of an Open Season.

The following lists the QLEs and the enrollment actions you may take.

### **Qualifying Life Event: Marriage**

From Not Enrolled to Enrolled: Yes Increase Enrollment Type: Yes Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: Yes

#### Qualifying Life Event: Acquiring an eligible family member (non-spouse)

From Not Enrolled to Enrolled: No Increase Enrollment Type: Yes Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: No

#### Qualifying Life Event: Losing a covered family member

From Not Enrolled to Enrolled: No Increase Enrollment Type: No Decrease Enrollment Type: Yes Cancel: No Change from One Plan to Another: No

#### Qualifying Life Event: Losing other dental/vision coverage (eligible or covered person)

From Not Enrolled to Enrolled: Yes Increase Enrollment Type: Yes Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: No

#### Qualifying Life Event: Moving out of regional plan's service area

Opportunities to Enroll or Change Enrollment From Not Enrolled to Enrolled: No Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: Yes

#### Qualifying Life Event: Going on active military duty, non-pay status (enrollee or spouse)

From Not Enrolled to Enrolled: No Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: Yes Change from One Plan to Another: No

### Qualifying Life Event: Returning to pay status from active military duty (enrollee or spouse)

From Not Enrolled to Enrolled: Yes Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: No

### Qualifying Life Event: Returning to pay status from Leave without pay (LWOP)

From Not Enrolled to Enrolled: **Yes (if enrollment cancelled during LWOP)** Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: **Yes (if enrollment cancelled during LWOP)** 

#### Qualifying Life Event: Annuity/compensation restored

From Not Enrolled to Enrolled: Yes Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: No Change from One Plan to Another: No

#### Qualifying Life Event: Transferring to an eligible position\*

From Not Enrolled to Enrolled: No Increase Enrollment Type: No Decrease Enrollment Type: No Cancel: Yes Change from One Plan to Another: No

\*Position must be in a Federal agency that provides dental and/or vision coverage with 50 percent or more employer-paid premium.

The timeframe for requesting a QLE change is from 31 days before to 60 days after the event. There are two exceptions:

- There is no time limit for a change based on moving from a regional plan's service area, and
- You cannot request a new enrollment based on a QLE before the QLE occurs, except for enrollment because of loss of dental or vision insurance. You must make the change no later than 60 days after the event.

Enrollments and enrollment changes made based on a QLE are effective on the first day of the pay period following the one in which BENEFEDS receives the enrollment or change. BENEFEDS will send you confirmation of your new coverage effective date.

Once you enroll in a plan, your 60-day window for that type of plan ends, even if 60 calendar days have not yet elapsed. That means once you have enrolled in either plan, you cannot change or cancel that particular enrollment until the next Open Season, unless you experience a QLE that allows such a change or cancellation.

### VA Exception for Cancellation

Generally, you may cancel your enrollment only during the annual Open Season. However, if you are a FEDVIP enrollee paying premiums on a **post-tax basis**, and you, your family member, or TEI family member becomes eligible for VA dental or vision benefits, then you **may** change your enrollment type or cancel your enrollment within 60 days of receiving notification of VA dental or vision eligibility. This 60-day period may fall outside of open season. VA dental or vision eligibility documentation must be submitted to OPM via the BENEFEDS mailbox (benefedsportal@opm.gov) within 60 days of notification to support the FEDVIP enrollment change or cancellation.

If you are a FEDVIP enrollee paying premiums on a **pre-tax basis**, and you, your family member, or TEI family member becomes eligible for VA dental or vision benefits, then you **may not** change or cancel your FEDVIP enrollment until the next Open Season.

FEDVIP enrollees can verify if they are paying their premiums on a pre- or post-tax basis by contacting BENEFEDS at 1-877-888-3337, TTY number 1-877-889-5680.

When CoverageCoverage ends for active and retired Federal employees, U.S. Postal employees, and TRICARE-<br/>eligible individuals when:

- you no longer meet the definition of an eligible employee, annuitant, or TRICARE-eligible individual;
- as a Retired Reservist you begin active duty;
- · the sponsor or primary enrollee leaves active duty

- you begin a period of non-pay status or pay that is insufficient to have your FEDVIP premiums withheld and you do not make direct premium payments to BENEFEDS;
- you are making direct premium payments to BENEFEDS and you stop making the payments;
- you cancel the enrollment during Open Season.

Coverage for a family member ends when:

- you as the enrollee lose coverage; or
- the family member no longer meets the definition of an eligible family member.

**NOTE:** Coverage ends for a covered individual when BCBS FEP Dental does not receive premium payment for that covered individual.

# Continuation of<br/>CoverageUnder FEDVIP, there is no 31-day extension of coverage. The following are also NOT<br/>available under the FEDVIP plans:

- Temporary Continuation of Coverage (TCC);
- spouse equity coverage; or
- right to convert to an individual policy (conversion policy).

FSAFEDS/High Deductible Health Plans and FEDVIP

### FSAFEDS/High Deductible Health Plans and FEDVIP

If you are planning to enroll in an FSAFEDS Health Care Flexible Spending Account (HCFSA) or Limited Expense Health Care Flexible Spending Account (LEX HCFSA), you should consider how coverage under a FEDVIP plan will affect your annual expenses, and thus the amount that you should allot to an FSAFEDS account. Please note that insurance premiums are not eligible expenses for either type of FSA.

Please review <u>IRS - Publication 969, Health Savings Accounts and Other Tax-Favored Health</u> <u>Plans (https://www.irs.gov/forms-pubs/about-publication-969)</u> for additional information about carryover and contribution amounts for the upcoming tax year. If you have an HCFSA or LEX HCFSA FSAFEDS account and you have not exhausted your funds by December 31st of the plan year, FSAFEDS can automatically carry over a set maximum amount of unspent funds into another health care or limited expense account for the subsequent year. To be eligible for carryover, you must be employed by an agency that participates in FSAFEDS and actively making allotments from your pay through December 31st. You must also actively re-enroll in a health care or limited expense account during the next Open Season to be carryover eligible. Your re-enrollment must meet the minimum contribution amount for the plan year. If you do not re-enroll, or if you are not employed by an agency that participates in FSAFEDS and actively making allotments from your pay through December 31st, your funds will not be carried over.

Because of the tax benefits an FSA provides, the IRS requires that you forfeit any money for which you did not incur an eligible expense and file a claim in the time permitted. This is known as the "Use-it-or-Lose-it" rule. Carefully consider the amount you will elect.

Current FSAFEDS participants must re-enroll to participate in the program next year. See <u>https://</u><u>www.fsafeds.com</u> or call 1-877-FSAFEDS (372-3337) or TTY: 1-866-353-8058. **Note: FSAFEDS** is not open to retired employees or to TRICARE eligible individuals.

If you enroll or are enrolled in a high deductible health plan with a health savings account (HSA) or health reimbursement arrangement (HRA), you may use your HSA or HRA to pay for qualified dental/vision costs not covered by your FEHB and/or FEDVIP plans.

### Section 3 How You Obtain Care

Identification Cards/ Enrollment Confirmation	When you enroll for the first time, you will receive a welcome letter along with an identification (ID) card which will serve as confirmation of your enrollment. Each contract holder will receive two BCBS FEP Dental ID cards. The ID cards will only have the contract holder's name on them. Since most FEHB plans offer some level of dental benefits separate from your FEDVIP coverage, presenting both ID cards can ensure that you receive the maximum allowable benefit under each program along with accurate and timely claims processing.
	Existing members who were previously issued ID cards will not receive new ID cards unless otherwise requested. You may order a replacement ID card via <u>www.bcbsfepdental.com</u> or by calling customer service at 1-855-504-BLUE (2583).
	An ID card is neither a guarantee of benefits nor does your dentist need it to render dental services. Your dentist may call 1-855-504-BLUE (2583) to confirm your enrollment and the benefits available to you.
Where You Get Covered Care	You can obtain care from any licensed dentist in the United States or overseas.
Plan Dentists	Network dentist are listed on our website at <u>www.bcbsfepdental.com/findadentist</u> and on the BCBS FEP Dental mobile app. Our directory is updated weekly. You may also contact us at 1-855-504-BLUE (2583) for further assistance.
In-Network	BCBS FEP Dental negotiates rates with dentists to help reduce your costs. We refer to these dentists as in-network. If you use one of these dentists, benefits are paid at the innetwork level. To find a dentist in your area go to <u>www.bcbsfepdental.com/findadentist</u> or contact customer service at 1-855-504-BLUE (2583).
	Note: The BCBS FEP Dental dentist network may be different from the BCBS
	Federal Employee Program (FEP) medical network.
	Federal Employee Program (FEP) medical network. Before each appointment, verify the dentist is in-network at the service location.
Out-of-Network	
Out-of-Network Emergency Services	Before each appointment, verify the dentist is in-network at the service location. You may obtain care from any licensed dentist. If the dentist you use is not part of our network, we will pay for their services based on an out-of-network benefit level and plan allowance, resulting in a lower annual maximum benefit. You are responsible for the difference between our payment and the amount billed. If you choose to go out of
	Before each appointment, verify the dentist is in-network at the service location. You may obtain care from any licensed dentist. If the dentist you use is not part of our network, we will pay for their services based on an out-of-network benefit level and plan allowance, resulting in a lower annual maximum benefit. You are responsible for the difference between our payment and the amount billed. If you choose to go out of network, we will pay our portion to the contract holder directly. Emergency services are defined as those dental services needed to relieve pain or prevent
Emergency Services	<ul> <li>Before each appointment, verify the dentist is in-network at the service location.</li> <li>You may obtain care from any licensed dentist. If the dentist you use is not part of our network, we will pay for their services based on an out-of-network benefit level and plan allowance, resulting in a lower annual maximum benefit. You are responsible for the difference between our payment and the amount billed. If you choose to go out of network, we will pay our portion to the contract holder directly.</li> <li>Emergency services are defined as those dental services needed to relieve pain or prevent the worsening of a condition that would be caused by a delay.</li> <li>Pre-treatment estimates are not mandatory. However, we do recommend that your dentist submits a pre-treatment estimate if you are considering major or extensive dental care. Pre-treatment estimates should include a comprehensive treatment plan and necessary</li> </ul>

	Pre-treatment estimates are valid through the calendar year in which they are processed, or 12 months, subject to eligibility and plan limitations.
	Submit pre-treatment estimates to BCBS FEP Dental at the address below. Do not send pre-treatment estimates to your medical plan.
	BCBS FEP Dental P.O. Box 75 Minneapolis, MN 55440-0075
Alternate Benefit	If more than one service or procedure can be used to treat the dental condition, we reserve the right to authorize an alternate, less costly covered service as deemed by a dental professional to be appropriate and to meet broadly accepted national standards of dental practice.
	If you and your dentist choose the more expensive treatment instead of the alternate benefit, you are responsible for the additional charges beyond the plan allowance for the alternate service.
	Example: If a dental professional determines an implant is not dentally necessary or a less expensive appropriate treatment is available, no benefits will be allowed for the individual implant or implant related procedures, and the allowance for the less expensive treatment may be approved.
Dental Review	Some dental services submitted on a claim may be reviewed for benefit determination and dental necessity. This review is conducted by licensed dental professionals who will review the clinical documentation and diagnostic images submitted by your treating dentist.
	There may be situations resulting from the dental review where an alternate benefit is applied that meets broadly accepted national standards of dental practice. This review applies to procedures including but not limited to, onlays, crowns, buildups, bridges, implants, periodontal treatment, extractions and anesthesia.
FEHB First Payor	It is important to know that, per FEDVIP requirements, the FEHB plan will always be the first payor when you are also covered under BCBS FEP Dental. Therefore, always provide your dental office with both your FEHB and BCBS FEP Dental ID cards at each appointment. Your dental office should submit your claim(s) to the FEHB carrier first.
	When you visit a provider who participates with both your FEHB plan and your FEDVIP plan, the FEHB plan will pay benefits first.
	In these cases, the BCBS FEP Dental plan allowance will be the negotiated allowable charge between the plan and the dentist. You are responsible for the difference between the total FEHB and BCBS FEP Dental payment and the plan allowance.
	We are responsible for facilitating the process if the primary FEHB payor is FEP medical.
	If you are covered under the Blue Cross Blue Shield Service Benefit Plan Basic Option and BCBS FEP Dental, you are not responsible for the \$30 co-pay (up to 2 evaluations per year). If your dentist collects the co-pay upfront, they are required to reimburse the co- pay in full once the claim has processed under BCBS FEP Dental.
	Please see the following examples that assume all deductibles have been met and annual maximums have not been reached.

	Example 1: High Option coverage (In-Network dentist) Class B dentist fee: \$108.00 FEHB payment: \$16.00 BCBS FEP Dental plan allowance: \$60.00 BCBS FEP Dental payment: \$42.00 (\$60.00 at 70%) Member's responsibility*: \$2.00 (\$60-\$16-\$42)
	Example 2: High Option coverage (Out-of-Network dentist). Class B dentist fee: \$108.00 FEHB payment: \$16.00 BCBS FEP Dental payment: \$64.80 (\$108.00 at 60%) Member's responsibility*: \$27.20 (\$108-\$16-\$64.80)
	*Assumes dentist charge is within the plan allowance
Coordination of Benefits (COB)	If you are covered under a non-FEHB plan, your BCBS FEP Dental benefits will be coordinated using traditional COB provisions for determining payment. We will coordinate benefit payments with the payment of benefits under other group health benefits coverage (non-FEHB) you may have and the payment of dental costs under no- fault insurance that pays benefits without regard to fault. Please see the following examples that assume all deductibles have been met and annual maximums have not been reached.
	Example 1: High Option coverage (In-Network dentist) Class B dentist fee: \$121.00 FEHB payment: \$60.50 BCBS FEP Dental plan allowance: \$73.00 BCBS FEP Dental payment: \$51.10 (\$73.00 at 70%) Payment by BCBS FEP Dental: \$12.50 Member's responsibility*: \$0.00 (\$73-\$60.50-\$12.50)
	Example 2: High Option coverage (Out-of-Network dentist) Class B dentist fee: \$121.00 FEHB payment: \$96.80 BCBS FEP Dental payment: \$72.60 (\$121.00 at 60%) Payment by BCBS FEP Dental: \$24.20 (\$121-\$96.80) Member's responsibility*: \$27.20 (\$121-\$96.80-\$24.20) *Assumes dentist charge is within the plan allowance
Rating Areas	Your rates are determined based on where you live. This is called a rating area. If you move, you must update your address through BENEFEDS at www.BENEFEDS.com or by phone at 877-888-FEDS (3337). Your rates might change because of the move. Your rates will not be impacted if you temporarily reside at another location.
Limited Access Area	If you live in an area with limited access to a network dentist and you receive covered services from an out-of-network dentist, we will pay the same benefit level as if you utilized the services of an in-network dentist. A limited access area is a driving distance greater than 15 miles in urban areas, or greater than 35 miles in rural areas. You are responsible for any difference between the amount billed and our payment.
	If you need assistance locating an in-network dentist in your area, please call us at 1-855-504-BLUE (2583).

### **Section 4 Your Cost For Covered Services**

This is what you will pay out-of-pocket for covered care:

#### Deductible

A deductible is a fixed amount of expenses you must incur for certain covered services and supplies before we will pay for covered services. There is no family deductible limit. Covered charges credited to the deductible are also counted towards the Plan maximum and limitations.

#### Class A

In-Network High Option: \$0 In-Network Standard Option: \$0 Out-of-Network High Option: \$50 Out-of-Network Standard Option: \$75

#### Class B

In-Network High Option: \$0 In-Network Standard Option: \$0 Out-of-Network High Option: \$50 Out-of-Network Standard Option: \$75

#### Class C

In-Network High Option: \$0 In-Network Standard Option: \$0 Out-of-Network High Option: \$50 Out-of-Network Standard Option: \$75

### Orthodontics

In-Network High Option: \$0 In-Network Standard Option: \$0 Out-of-Network High Option: \$0 Out-of-Network Standard Option: \$0

#### Coinsurance

Coinsurance is the percentage of our allowance that you must pay for your care. Coinsurance does not begin until you meet your deductible, if applicable.

#### Class A

In-Network High Option: 0% In-Network Standard Option: 0% Out-of-Network High Option: 10% Out-of-Network Standard Option: 40%

#### **Class B**

In-Network High Option: 30% In-Network Standard Option: 45% Out-of-Network High Option: 40% Out-of-Network Standard Option: 60%

#### Class C

In-Network High Option: 50% In-Network Standard Option: 65% Out-of-Network High Option: 60% Out-of-Network Standard Option: 80%

#### Orthodontics

In-Network High Option: 50% In-Network Standard Option: 50% Out-of-Network High Option: 50% Out-of-Network Standard Option: 50%

Annual Benefit Maximum	Once you reach this amount, you are responsible for all additional charges. The Annual Benefit Maximums within each plan option are combined between in- and out-of-network services. The total Annual Benefit Maximum will never be greater than the in-network Annual Benefit Maximum.
	Annual Benefit Maximum:
	In-Network High Option: Unlimited In-Network Standard Option: \$1,500 Out-of-Network High Option: \$3,000 Out-of-Network Standard Option: \$750
Lifetime Benefit Maximum	The Lifetime Benefit Maximum is applicable to orthodontia benefits only. There are no other Lifetime Benefit Maximums under this Plan.
	Lifetime Benefit Maximum
	In-Network High Option: up to \$3,500 In-Network Standard Option: up to \$2,500 Out-of-Network High Option: up to \$3,500 Out-of-Network Standard Option: up to \$1,250
In-Network Services	You pay the coinsurance percentage of our plan allowance for covered services. Before each appointment, verify the dentist is in-network at the service location.
	Only dentists listed with their corresponding locations are in network. Not all dentists at a location may be in network and the same dentist at a different location may not be in network. It is your responsibility to ensure that the listed dentist is active and in network at the time and location at which you receive services.
Out-of-Network Services	If the dentist you use is not part of our network, benefits will be considered at the out-of- network level. All services provided by an out-of-network dentist will be paid at out-of- network levels, except for limited access benefits. We pay for services rendered by an out- of-network dentist based on an out-of-network plan allowance. You will be responsible for your co-insurance percentage plus the billed amount over plan allowance.
Plan Allowance	Our plan allowance is the amount we use to determine our payment and your coinsurance for covered services. We determine our allowance as follows:
	• For in-network dentists, based on our contracted dental rates. The member is not responsible for billed amounts that are more than the plan allowance.
	• For out-of-network dentists, based on the out-of-network plan allowance. FAIR Health (a non-profit, non-insurance operation) data is utilized to determine the out-of-network plan allowance. The member is responsible for any amounts billed by out-of-network dentists that are above the plan allowance, plus their coinsurance amount.
Calendar Year	The calendar year refers to the plan year, which is defined as January 1, 2024 to December 31, 2024.
<b>Emergency Services</b>	Emergency or accident related services are covered the same as any other benefit.
In-Progress Treatment	In-progress treatment for dependents of retiring active-duty service members who were enrolled in the TRICARE Dental Program (TDP) will be covered for the 2024 plan year; regardless of any current plan exclusion for care initiated prior to the enrollee's effective date.
	This requirement includes assumption of payments for covered orthodontia services up to the FEDVIP policy limits, and full payment where applicable up to the terms of FEDVIP policy for covered services completed (but not initiated) in the 2024 plan year, such as crowns and implants.

### **Section 5 Dental Services and Supplies**

### **Class A Basic**

T	antant things you should been in mind shout these housefits.
-	portant things you should keep in mind about these benefits:
a	lease remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure nd are payable only when determined to be necessary for the prevention, diagnosis, care, or treatment of a overed condition and if they are determined to meet broadly accepted national standards of practice.
d	The calendar year deductible is \$0 if you use an in-network dentist. If you elect to use an out-of-network entist, Standard Option has a \$75 deductible per person; High Option has a \$50 deductible per person. We there option contains a family deductible; each enrolled covered person must satisfy their own deductible.
	here is no High Option Annual Benefit Maximum for non-orthodontic in-network services, and \$3,000 for ut-of-network services.
se	The Standard Option Annual Benefit Maximum for non-orthodontic services is \$1,500 for in-network ervices and \$750 for out-of-network services. In no instance will BCBS FEP Dental allow more than 1,500 in combined benefits under Standard Option in any plan year.
e	The frequencies between your FEHB and BCBS FEP Dental policy are combined, not separate. (ex. If 2 oral xams are covered under your FEHB policy, and 2 oral exams are covered under BCBS FEP Dental a total of oral exams will be covered and coverage will coordinate between policies)
• T	he following is an all-inclusive list of covered services.
You	ı Pay:
Hig	h Option
	<b>n-Network:</b> Preventive and Diagnostic services - \$0 for covered services as defined by the plan, subject to lan maximums.
al	<b>Dut-of-Network:</b> Preventive and Diagnostic services – \$50 deductible and then you pay 10% of the plan llowance, subject to plan maximums. You are responsible for any difference between our allowance and the illed amount.
<u>Stai</u>	ndard Option
	<b>n-Network:</b> Preventive and Diagnostic services - \$0 for covered services as defined by the plan, subject to lan maximums.
	<b>Dut-of-Network:</b> \$75 deductible and then you pay 40% of the plan allowance, subject to plan maximums. You are responsible for any difference between our allowance and the billed amount.
r	ou are responsible for any unreference between our anowance and the officer amount.

### **Diagnostic Services**

D0120 Periodic oral evaluation - established patient - Limit 2 per calendar year - see additional benefit limitations at the end of this section

D0140 Limited oral evaluation - problem focused - Limit 1 per calendar year - see additional limitations at the end of this section

D0145 Oral evaluation for a patient under 3 years of age and counseling with a primary caregiver. Limit 2 per calendar year – see additional benefit limitations at the end of this section

D0150 Comprehensive oral evaluation - new or established patient - Limit 1 per calendar year - see additional benefit limitations at the end of this section

D0160 Detailed and extensive oral evaluation - problem focused, by report - Limit 1 per calendar year - see additional limitations at the end of this section

D0180 Comprehensive periodontal evaluation - new or established patient - Limit 1 per calendar year - see additional benefit limitations at the end of this section. If billed with a D4910, the D0180 will alternate to a D0120.

D0210 Intraoral - comprehensive series of radiographic images including bitewings - Limit 1 every 60 months for any combination of comprehensive series of radiographic images

### **Diagnostic Services (cont.)**

D0220 Intraoral - periapical radiographic image

D0230 Intraoral - periapical each additional radiographic image

D0240 Intraoral - occlusal radiographic image

D0250 Extraoral - 2D projection radiographic image created using a stationary radiation source, and detector

D0251 Extra-oral - posterior dental radiographic image

D0270 Bitewing - single - radiographic image - Limit 2 per calendar year of any combination of bitewings for patients up to age 22, 1 per calendar year of any combination of bitewings for all others

D0272 Bitewings - two radiographic images - Limit 2 per calendar year of any combination of bitewings for patients up to age 22, 1 per calendar year of any combination of bitewings for all others.

D0273 Bitewings - three radiographic images Limit - 2 per calendar year of any combination of bitewings for patients up to age 22, 1 per calendar year of any combination of bitewings for all others.

D0274 Bitewings - four radiographic images - Limit 2 per calendar year of any combination of bitewings for patients up to age 22, 1 per calendar year of any combination of bitewings for all others.

D0277 Bitewings - Seven to eight radiographic images - Limit 2 per calendar year for any combination of bitewings for patients up to age 22, 1 per calendar year for any combination of bitewings for all others.

D0330 Panoramic radiographic image - Limit 1 every 60 months

D0372 Intraoral tomosynthesis – comprehensive series of radiographic images - Limit 1 every 60 months for any combination of comprehensive series of radiographic images

D0373 Intraoral tomosynthesis – bitewing radiographic image - Limit 2 per calendar year of any combination of bitewings for patients up to age 22, 1 per calendar year of any combination of bitewings for all others

D0374 Intraoral tomosynthesis - periapical radiographic image

D0425 Caries susceptibility tests

D0486 Laboratory accession of transepithelial cytologic sample, microscopic examination, preparation and transmission of written report

### **Class A Diagnostic Services Notes and Limitations:**

Non-problem focused exams - Limit 2 per year

- Periodic oral evaluation (D0120), oral evaluation for a child under age 3 (D0145), comprehensive oral evaluation (D0150) and comprehensive periodontal evaluation (D0180) are combined and limited to a total of 2 per year
  - Comprehensive oral evaluation (D0150) and comprehensive periodontal evaluation(D0180) are combined and limited to 1 per year
  - Comprehensive oral evaluations in excess of the 1 per year limit will be processed as a periodic evaluation

Problem-focused exams - Limit 1 per year

• Limited oral evaluation (D0140) and detailed and extensive oral evaluation (D0160) are combined and limited to 1 per year

**Diagnostic Imaging** 

- 14 or more radiographic images on the same date of service will be processed as a D0210 (complete set of radiographic images)
- Bitewing radiographic images with the same date of service as a panoramic radiographic image will be processed as a D0210

### **Preventive Services**

D1110 Prophylaxis – Adult: Limit 3 during the calendar year. Age 13 and under will be processed as D1120 - additional information on the following page.

D1120 Prophylaxis – Child: Limit 3 during the calendar year. Age 14 and over will be processed as D1110 - additional information on the following page.

D1206 Topical application of fluoride varnish - Limit 2 during the calendar year for patients up to age 22 in combination with D1208

D1208 Topical application of fluoride -excluding varnish - Limit 2 during the calendar year for patients up to age 22 in combination with D1206

Preventive Services - continued on next page

### **Preventive Services (cont.)**

D1351 Sealant - per tooth - unrestored 1st and 2nd permanent molars for patient up to age 22 - any combination of a sealant or a preventive resin restoration - Limit 1 every 36 months

D1352 Preventive resin restoration in a moderate to high caries risk patient - unrestored 1st and 2nd permanent tooth for patient up to age 22 - any combination of a sealant or a preventive resin restoration - Limit 1 every 36 months

D1353 Sealant repair - per unrestored 1st and 2nd permanent molar for patient up to age 22 - any combination of a sealant or preventive resin restoration - Limit 1 every 36 months

D1354 Application of caries arresting medicament - per tooth

D1510 Space maintainer - fixed - unilateral - per quadrant - Limited to patients up to age 22

D1516 Space maintainer - fixed - bilateral, maxillary- Limited to patients up to age 22

D1517 Space maintainer – fixed – bilateral, mandibular - Limited to patients up to age 22

D1520 Space maintainer - removable - unilateral - per quadrant - Limited to patients up to age 22

D1526 Space maintainer - removable - bilateral, maxillary - Limited to patients up to age 22

D1527 Space maintainer - removable - bilateral, mandibular - Limited to patients up to age 22

D1551 Re-cement or re-bond bilateral space maintainer - maxillary

D1552 Re-cement or re-bond bilateral space maintainer – mandibular

D1553 Re-cement or re-bond unilateral space maintainer - per quadrant

D1556 Removal of fixed unilateral space maintainer – per quadrant. Allowed if removed by dentist or dental practice that did not originally place the appliance

D1557 Removal of fixed bilateral space maintainer – maxillary. Allowed if removed by dentist or dental practice that did not originally place the appliance

D1558 Removal of fixed bilateral space maintainer – mandibular. Allowed if removed by dentist or dental practice that did not originally place the appliance

D1575 Distal shoe space maintainer - Fixed - Unilateral - per quadrant - Limited to patients up to age 22

### **Class A Preventive Services Notes:**

- Prophylaxis and scaling in presence of generalized moderate or severe gingival inflammation: Limit 3 per calendar year for any combination of D1110, D1120, and D4346, age 13 and under will be processed as D1120 and age 14 and over will be processed as D1110
- Treatments such as fluorides are combined under one limitation by the plan. For example, topical application of fluoride varnish (D1206) and topical application of fluoride excluding varnish (D1208) are combined and limited to 2 per calendar year for patients up to age 22

### **Additional Procedures Covered as Basic Services**

D9110 Palliative treatment of dental pain - per visit - Not covered the same day as final treatment

D9310 Consultation (diagnostic service provided by dentist or physician other than requesting dentist or physician)

D9311 Consultation with a medical health care professional

D9440 Office visit after regularly scheduled hours

### **Services Not Covered**

**Refer to Section 7 for a list of general exclusions** 

### **Class B Intermediate**

### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure and are payable only when we determine they are necessary for the prevention, diagnosis, care, or treatment of a covered condition and meet broadly accepted national standards of practice.
- The calendar year deductible is \$0 if you use an in-network dentist.
- If you elect to use an out-of-network dentist, Standard Option has a \$75 deductible per person; High Option has a \$50 deductible per person. Neither option contains a family deductible; each enrolled covered person must satisfy their own deductible.
- There is no High Option Annual Benefit Maximum for non-orthodontic in-network services, and \$3,000 for out-of-network services. However, alternate benefits may be applied. See Section 7 – Things We Do Not Cover, for a list of exclusions and limitations.
- The Standard Option Annual Benefit Maximum for non-orthodontic services is \$1,500 for innetwork services and \$750 for out-of-network services. In no instance will BCBS FEP Dental allow more than \$1,500 in combined benefits under Standard Option in any plan year.
- For inlay services, if you decide to have the alternate benefit of a filling done, the time limitation would be 1 every 24 months.
- In-progress treatment for dependents of retiring TDP enrollees will be covered for the 2024 plan year. This is regardless of any current plan exclusions for care initiated prior to the enrollee's effective date.
- The following is an all-inclusive list of covered services.

### You Pay:

### High Option

- **In-Network:** No deductible; you pay 30% of the plan allowance for covered services as defined by the plan, subject to plan maximums. For children age 13 and under you pay \$0 for covered services as defined by the plan, subject to plan maximums.
- **Out-of-Network:** \$50 deductible; you pay 40% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

#### Standard Option

- **In-Network:** No deductible; you pay 45% of the plan allowance for covered services as defined by the plan, subject to plan maximums. For children age 13 and under, you pay \$0 for covered services as defined by the plan, subject to plan maximums.
- **Out-of-Network:** \$75 deductible; you pay 60% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

### **Minor Restorative Services**

D2140 Amalgam – one surface, primary or permanent - Limit 1 every 24 months per surface per tooth
D2150 Amalgam - two surfaces, primary or permanent - Limit 1 every 24 month per surface per tooth
D2160 Amalgam - three surfaces, primary or permanent - Limit 1 every 24 months per surface per tooth
D2161 Amalgam - four or more surfaces, primary or permanent - Limit 1 every 24 months per surface per tooth
D2330 Resin-based composite - one surface, anterior - Limit 1 every 24 months per surface per tooth
D2331 Resin-based composite - two surfaces, anterior - Limit 1 every 24 months per surface per tooth
D2332 Resin-based composite - three surfaces, anterior - Limit 1 every 24 months per surface per tooth
D2335 Resin-based composite - four or more surfaces (anterior) - Limit 1 every 24 months per surface per tooth
D2390 Resin-based composite - resin crown anterior - Limit every 24 months per tooth
D2391 Resin-based composite - one surface, posterior - Limit 1 every 24 months per surface per tooth
D2392 Resin-based composite - two surfaces, posterior - Limit 1 every 24 months per surface per tooth
D2393 Resin-based composite - three surfaces, posterior - Limit 1 every 24 months per surface per tooth
D2394 Resin-based composite - four or more surfaces, posterior - Limit 1 every 24 months per surface per tooth
D2610 Inlay-porcelain/ceramic - one surface - Limit 1 every 60 months - An alternate benefit will be provided
D2620 Inlay-porcelain/ceramic - two surfaces - Limit 1 every 60 months - An alternate benefit will be provided
D2630 Inlay-porcelain/ceramic - three or more surfaces - Limit 1 every 60 months - An alternate benefit will be
provided
D2910 Re-cement or re-bond inlay, onlay, veneer or partial coverage restoration - Limit 1 every 6 months after initial installation, if less than 6 months from installation, no patient liability
D2915 Re-cement or re-bond indirectly fabricated or prefabricated post and core - Limit 1 every 6 months after initial installation, if less than 6 months from installation, no patient liability
D2920 Re-cement or re-bond crown - Limit 1 every 6 months after initial installation, if less than 6 months from installation, no patient liability
D2921 Re-attachment of tooth fragment, incisal edge or cusp - Limit to 1 every 24 months per surface per tooth, included with fillings
D2928 Prefabricated porcelain/ceramic crown – permanent tooth – Limit 1 every tooth every 60 months for patients up to age 15 – an alternate benefit will be provided
D2929 Prefabricated porcelain/ceramic crown – primary tooth – Limit 1 per tooth every 60 months for patients up to age 15 - an alternate benefit will be provided
D2930 Prefabricated stainless steel crown - primary tooth – Limit 1 per tooth every 60 months for patients up to age 15, including crowns, bridges, prosthetics
D2931 Prefabricated stainless steel crown – permanent tooth – Limit 1 per tooth every 60 months for patients up to age 15, including crowns, bridges, prosthetics
D2940 Protective Restoration
D2941 Interim therapeutic restoration - primary dentition
D2951 Pin retention – per tooth, in addition to restoration
D2989 Excavation of a tooth resulting in the determination of non-restorability -Limit 1 per tooth per lifetime
D7288 Brush Biopsy - Limit 1 every 12 months
Class B Minor Restorative Services Notes:
• Restorations are covered benefits only when necessary to replace tooth structure due to fracture or decay

### **Endodontic Services**

D3110 Pulp cap - direct (excluding final restoration)

D3120 Pulp cap - indirect (excluding final restoration)

D3220 Therapeutic pulpotomy (excluding final restoration) - Primary teeth only, 1 per lifetime

D3221 Pulpal debridement, primary and permanent teeth

D3222 Partial pulpotomy for apexogenesis - permanent tooth with incomplete root development - 1 per lifetime

D3230 Pulpal therapy (resorbable filling) - anterior, primary tooth (excluding final restoration) - 1 per lifetime

D3240 Pulpal therapy (resorbable filling) - posterior, primary tooth (excluding final restoration) - 1 per lifetime

D3355 Pulpal regeneration - initial visit

D3356 Pulpal regeneration - interim medication replacement

D3357 Pulpal regeneration completion of treatment

### **Periodontal Services**

D4341 Periodontal scaling and root planing - four or more teeth per quadrant - Limit 1 every 24 months, 2 quadrants per date of service

D4342 Periodontal scaling and root planing - one to three teeth per quadrant - Limit 1 every 24 months, 2 quadrants per date of service

D4346 Scaling in presence of generalized moderate or severe gingival inflammation - Full mouth, after oral exam - Limited 3 in combination with D1110 and/or D1120 during calendar year

D4381 Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth

D4910 Periodontal maintenance - Limit 4 every12 months combined with adult prophylaxis, and scaling in presence of generalized moderate or severe gingival inflammation, after the completion of active periodontal therapy

### **Class B Periodontal Services Notes:**

Supporting documentation and criteria;

- Full mouth diagnostic quality radiographic images and/or a panoramic radiographic image including bitewings radiographs; labeled and dated (within 12 months of submitted procedure).
- Periodontal Charting: 6-point periodontal pocket depth charting as described by the ADA and American Academy of Periodontology (AAP) labeled and dated (within 12 months of submitted procedure).
- Teeth to be treated must demonstrate at least 4 millimeter (mm) pocket depths, bleeding on probing, with demonstrable radiographic evidence of bone loss (either vertical or horizontal) of the alveolar crest.
- Bone loss is considered to be a bone level that is greater 1.5 mm apical to the cementoenamel junction (CEJ).

Non-surgical periodontal and periodontal maintenance procedures will be disallowed with no patient responsibility when submitted on the same date of service as preventive prophylaxis procedures.

Prosthodontic Services
D5410 Adjust complete denture - maxillary - Limit 1 per year beginning 6 months after the initial installation
D5411 Adjust complete denture - mandibular - Limit 1 per year beginning 6 months after the initial installation
D5421 Adjust partial denture - maxillary - Limit 1 per year beginning 6 months after the initial installation
D5422 Adjust partial denture – mandibular - Limit 1 per year beginning 6 months after the initial installation
D5511 Repair broken complete denture base mandibular - Limit 1 per year beginning 6 months after the initial installation
D5512 Repair broken complete denture base, maxillary - Limit 1 per year beginning 6 months after the initial installation
D5520 Replace missing or broken teeth – complete denture (each tooth) - Limit 1 per year beginning 6 months after the initial installation
D5611 Repair resin denture base mandibular - Limit 1 per year beginning 6 months after the initial installation
D5612 Repair resin partial denture base, maxillary - Limit 1 per year beginning 6 months after the initial installation
D5621 Repair cast framework, mandibular - Limit 1 per year beginning 6 months after the initial installation

Prosthodontic Services - continued on next page

Prosthodontic Services (cont.)
D5622 Repair cast partial framework, maxillary - Limit 1 per year beginning 6 months after the initial installation
D5630 Repair or replace broken retentive/clasping materials per tooth - Limit 1 per year beginning 6 months after the initial installation
D5640 Replace broken teeth – per tooth - Limit 1 per year beginning 6 months after the initial installation
D5650 Add tooth to existing partial denture - Limit 1 per year beginning 6 months after the initial installation
D5660 Add clasp to existing partial denture - Limit 1 per year beginning 6 months after the initial installation
D5670 Replace all teeth and acrylic on cast metal framework, maxillary – Limit 2 every 24 months beginning 6 months after the initial installation
D5671 Replace all teeth and acrylic on cast metal framework, mandibular – Limit 2 every 24 months beginning 6 months after the initial installation
D5710 Rebase complete maxillary denture - Limit 1 every 36 months beginning 6 months after the initial installation
D5711 Rebase complete mandibular denture - Limit 1 every 36 months beginning 6 months after the initial installation
D5720 Rebase maxillary partial denture - Limit 1 every 36 months beginning 6 months after the initial installation
D5721 Rebase mandibular partial denture - Limit 1 every 36 months beginning 6 months after the initial installation
D5725 Rebase hybrid prosthesis - Limit 1 every 36 months beginning 6 months after the initial installation
D5730 Reline complete maxillary denture (direct) – Limit 1 every 36 months beginning 6 months after the initial installation
D5731 Reline complete mandibular denture (direct) - Limit 1 every 36 months beginning 6 months after the initial installation
D5740 Reline maxillary partial denture (direct) – Limit 1 every 36 months beginning 6 months after the initial installation
D5741 Reline mandibular partial denture (direct) – Limit 1 every 36 months beginning 6 months after the initial installation
D5750 Reline complete maxillary denture (indirect) – Limit 1 every 36 months beginning 6 months after the initial installation
D5751 Reline complete mandibular denture (indirect) – Limit 1 every 36 months beginning 6 months after the initial installation
D5760 Reline maxillary partial denture (indirect) – Limit 1 every 36 months beginning 6 months after the initial installation
D5761 Reline mandibular partial denture (indirect) – Limit 1 every 36 months beginning 6 months after the initial installation
D5765 Soft liner for complete or partial removable denture – indirect – Limit 1 every 36 months beginning 6 months after the initial installation.
D5850 Tissue conditioning (maxillary)
D5851 Tissue conditioning (mandibular)
D6096 Remove broken implant retaining screw – Limit 1 every 60 months
D6930 Re-cement or re-bond fixed partial denture - Limit 1 per bridge beginning 6 months after the initial installation
D6980 Fixed partial denture repair, by report
D9120 Fixed partial denture sectioning - 1 per 60 Months
Class B Prosthodontic Services Notes:
• For reporting and benefit purposes, the completion date for crowns and fixed partial dentures is the cementation date. The completion date is the insertion date for removable prosthodontic appliances. For immediate dentures, the dentist who fabricated the denture may be reimbursed for the service after insertion by another dentist (e.g., oral surgeon).

• Tissue conditioning is considered inclusive when performed on the same day as the delivery of a denture or a reline/ rebase.

### **Oral Surgery**

D7111 Extraction coronal remnants, primary tooth

D7140 Extraction, erupted tooth or exposed root (elevation and/or forceps removal)

D7210 Extraction, erupted tooth requiring removal of bone and/or sectioning of tooth, and including elevation of mucoperiosteal flap if indicated

D7220 Removal of impacted tooth – soft tissue

D7230 Removal of impacted tooth - partially bony

D7240 Removal of impacted tooth - completely bony

D7241 Removal of impacted tooth - completely bony with unusual surgical complications

D7250 Surgical removal of residual tooth roots (cutting procedure)

D7251 Coronectomy - intentional partial tooth removal, impacted teeth only

D7270 Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth

D7272 Tooth transplantation - includes splinting or stabilization

D7280 Exposure of an unerupted tooth

D7310 Alveoloplasty in conjunction with extractions - per quadrant

D7311 Alveoloplasty in conjunction with extractions - one to three teeth or tooth spaces, per quadrant

D7320 Alveoloplasty not in conjunction with extractions - per quadrant

D7321 Alveoloplasty not in conjunction with extractions - one to three teeth or tooth spaces, per quadrant

D7471 Removal of lateral exostosis (maxilla or mandible)

D7485 Surgical reduction of tuberosity

D7510 Incision and drainage of abscess - intraoral soft tissue

D7910 Suture of recent small wounds up to 5 cm

D7921 Collection and application of autologous blood concentrate product - Limit 1 in 36 months

D7953 Bone replacement graft for ridge preservation - per site - No review on anterior teeth. Posterior teeth reviewed to determine if covered or not. 3rd Molar extraction sites denied unless D7251 performed. Anterior teeth and approved posterior teeth, Limit 1 every 60 months

D7971 Excision of pericoronal gingiva

D7972 Surgical reduction of fibrous tuberosity - Limit 1 every 6 months

D7999 Unspecified oral surgery procedure, by report

### **Class B Oral Surgery Notes:**

• Bone replacement grafts for ridge preservation are limited to extraction sites when implants are approved for placement or when implant removal may be necessary.

### **Services Not Covered**

Refer to Section 7 for a list of general exclusions

### **Class C Major**

### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure and are payable only when we determine they are necessary for the prevention, diagnosis, care, or treatment of a covered condition and meet broadly accepted national standards of practice.
- The calendar year deductible is \$0 if you use an in-network dentist.
- If you elect to use an out-of-network dentist, Standard Option has a \$75 deductible per person; High Option has a \$50 deductible per person. Neither option contains a family deductible; each enrolled covered person must satisfy their own deductible.
- There is no High Option Annual Benefit Maximum for non-orthodontic in-network services, and \$3,000 for out-of-network services.
- The Standard Option Annual Benefit Maximum for non-orthodontic services is \$1,500 for in-network services and \$750 for out-of-network services. In no instance will BCBS FEP Dental allow more than \$1,500 in combined benefits under Standard Option in any plan year.
- If more than one service or procedure can be used to treat the dental condition, we reserve the right authorize an alternate, less costly covered service as deemed by a dental professional to be appropriate and to meet broadly accepted national standards of dental practice. If you and your dentist choose the more expensive treatment instead of the alternate benefit, you are responsible for the additional charges beyond the plan allowance for the alternate service.
- Pre-treatment estimates are not mandatory. However, we do recommend that your dentist submits a pretreatment estimate if you are considering major or extensive dental care. Pre-treatment estimates should include a comprehensive treatment plan and necessary supporting documentation such as, chart notes, radiographic images, and photos. Benefits may be alternated to a least costly procedure that meets broadly accepted national standards of dental practice. We will provide a non-binding, explanation of benefits to both you and your dentist that will indicate if procedures are covered and an estimate of what we will pay for those specific services. The estimated plan allowance is based on your current eligibility and benefits in effect at the time of the pre-treatment estimate. Submission of other claims or changes in eligibility or benefit may alter final payment. A pretreatment estimate is not a guarantee of benefits.
- For inlay services, if you decide to have the alternate benefit of a filling done, the time limitation would be 1 every 24 months.
- All services requiring more than one visit are payable once all visits are completed.
- In-progress treatment for dependents of retiring TDP enrollees will be covered for the 2024 plan year. This is regardless of any current plan exclusions for care initiated prior to the enrollee's effective date.
- The following is an all-inclusive list of covered services.

### You Pay:

### High Option

- **In-Network:** No deductible; you pay 50% of the plan allowance for covered services as defined by the plan, subject to plan maximums. For children age 13 and under you pay \$0 for covered services as defined by the plan, subject to plan maximums.
- **Out-of-Network:** \$50 deductible; you pay 60% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

### Standard Option

• **In-Network:** No deductible; you pay 65% of the plan allowance for covered services as defined by the plan, subject to plan maximums. For children age 13 and under, you pay \$0 for covered services as defined by the plan, subject to plan maximums.

• **Out-of-Network:** \$75 deductible; you pay 80% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

### Major Restorative Services

Major Restorative Services
D2410 Gold Foil – one surface – Limit 1 every 24 months - An alternate benefit will be provided
D2420 Gold Foil - two surfaces - Limit 1 every 24 months - An alternate benefit will be provided
D2430 Gold Foil - three surfaces - Limit 1 every 24 months - An alternate benefit will be provided
D2510 Inlay - metallic - one surface - Limit 1 per tooth every 60 months - An alternate benefit will be provided
D2520 Inlay - metallic - two surfaces -Limit 1 per tooth every 60 months - An alternate benefit will be provided
D2530 Inlay - metallic - three surfaces - Limit 1 per tooth every 60 months - An alternate benefit will be provided
D2542 Onlay - metallic - two surfaces - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2543 Onlay - metallic - three surfaces - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2544 Onlay - metallic - four or more surfaces - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2642 Onlay-porcelain/ceramic - two surfaces - Limit 1 per tooth every 60 months
D2643 Onlay-porcelain/ceramic - three surfaces - Limit 1 per tooth every 60 months
D2644 Onlay porcelain/ceramic - four or more surfaces - Limit 1 per tooth every 60 months
D2650 Inlay - resin-based composite - one surface, lab proc - Limit 1 every 60 months - An alternate benefit will be provided
D2651 Inlay - resin-based composite - two surfaces, lab proc - Limit 1 every 60 months - An alternate benefit will be provided
D2652 Inlay - resin-based composite - three surfaces, lab proc - Limit 1 every 60 months - An alternate benefit will be provided
D2662 Onlay - resin-based composite - two surfaces, lab proc - Limit 1 every 60 months
D2663 Onlay - resin-based composite - three surfaces, lab proc - Limit 1 per tooth every 60 months
D2664 Onlay - resin-based composite - four or more surfaces, lab proc - Limit 1 per tooth every 60 months
D2710 Crown - resin-based composite, lab proc - Limit 1 every 60 months
D2712 Crown - 3/4 resin-based composite, lab proc - Limit 1 per tooth every 60 months
D2720 Crown - resin with high noble metal - Limit 1 per tooth every 60 months
D2721 Crown - resin with predominantly base metal - Limit 1 per tooth every 60 months
D2722 Crown - resin with noble metal - Limit 1 per tooth every 60 months
D2740 Crown - porcelain/ceramic - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2750 Crown - porcelain fused to high noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2751 Crown - porcelain fused to predominately base metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2752 Crown - porcelain fused to noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2753 Crown - porcelain fused to titanium and titanium alloys- Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2780 Crown - 3/4 cast high noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2781 Crown - 3/4 cast predominately base metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2782 Crown - 3/4 cast noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2783 Crown - 3/4 porcelain/ceramic - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics. Denied if done on an anterior tooth.
D2790 Crown - full cast high noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2791 Crown - full cast predominately base metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2792 Crown - full cast noble metal - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2794 Crown - titanium and titanium alloys - Limit 1 per tooth every 60 months, including crowns, bridges, prosthetics
D2932 Crown prefabricated resin – Limit 1 per tooth every 60 months for patients up to age 15, including crowns, bridges, prosthetics
D2933 Crown prefabricated stainless steel crown/resin window - Limit 1 per tooth every 60 months for patients up to age of 15 - alternate benefit will be provided

alternate benefit will be provided

Major Restorative Services - continued on next page

### Major Restorative Services (cont.)

D2934 Prefabricated esthetic coated stainless steel crown, primary tooth – Limit 1 per tooth every 60 months for patients, including crowns, bridges, prosthetics

D2950 Core buildup, including any pins - Limit 1 buildup procedure, per tooth every 60 months

D2952 Post and core in addition to crown, indirectly fabricated - Limit 1 buildup procedure, per tooth, every 60 months

D2954 Prefabricated post and core, in addition to crown - Limit 1 buildup procedure, per tooth every 60 months

### D2955 Post removal

D2971 Additional procedures to customize a crown to fit under existing partial denture framework - Limit 1 every 60 months

D2980 Crown repair necessitated by restorative material failure - Limit 1 every 12 months

D2981 Inlay Repair necessitated by restorative material failure - Limit 1 every 12 months

D2982 Onlay Repair necessitated by restorative material failure - Limit 1 every 12 months

D2983 Veneer Repair necessitated by restorative material failure - Limit 1 every 12 months

D2990 Resin infiltration of incipient smooth surface lesions

### **Class C Major Restorative Services Notes:**

- For reporting and benefit purposes, the completion date for crowns is the cementation date.
- An implant is a covered procedure of the plan only if determined to be dentally necessary and the least expensive appropriate treatment.
- All major restorative and prosthodontic services (i.e., crown, bridges, implants and dentures) are combined under one replacement limitation under the plan. Benefits for major restorative and prosthodontic services are combined and limited to one every 60 months per tooth or arch depending on the service. For example, if benefits for a removable partial denture are paid, this includes benefits to replace all missing teeth in the arch. No additional benefits for the arch would be considered until the 60 month replacement limit was met.
- When dental services that are subject to a frequency limitation were performed prior to your effective date of coverage, the date of the prior service may be counted toward the time, frequency limitations and/or replacement limitations under this dental insurance. (For example, even if a crown, partial bridge, etc. was not placed while covered under BCBS FEP Dental, or paid by BCBS FEP Dental, the frequency limitations may apply.)

Endodontic Services
D3310 Endodontic therapy, anterior tooth (excluding final restoration)
D3320 Endodontic therapy, premolar tooth (excluding final restoration)
D3330 Endodontic therapy, molar tooth (excluding final restoration)
D3346 Retreatment of previous root canal therapy – anterior
D3347 Retreatment of previous root canal therapy – premolar
D3348 Retreatment of previous root canal therapy – molar
D3351 Apexification/recalcification - initial visit (apical closure/calcific repair of perforations, root resorption, etc.)
D3352 Apexification/recalcification – interim medication replacement (apical closure/calcific repair of perforations, root resorption, etc.)
D3353 Apexification/recalcification – final visit (includes completed root canal therapy, apical closure/calcific repair of perforations, root resorption, etc.)
D3410 Apicoectomy/periradicular surgery – anterior
D3421 Apicoectomy/periradicular surgery – premolar (first root)
D3425 Apicoectomy/periradicular surgery – molar (first root)
D3426 Apicoectomy/periradicular surgery (each additional root)
D3430 Retrograde filling – per root
D3450 Root amputation – per root
D3471 Surgical repair of root resorption – anterior
D3472 Surgical repair of root resorption – premolar

D3473 Surgical repair of root resorption – molar

### **Endodontic Services (cont.)**

D3501 Surgical exposure of root surface without apicoectomy or repair of root resorption - anterior

D3502 Surgical exposure of root surface without apicoectomy or repair of root resorption - premolar

D3503 Surgical exposure of root surface without apicoectomy or repair of root resorption - molar

D3920 Hemisection (including any root removal) – not including root canal therapy

D3921 Decoronation or submergence of an erupted tooth

### **Periodontal Services**

D4210 Gingivectomy or gingivoplasty – four or more contiguous teeth or tooth bounded spaces per quadrant - Limit 1 every 36 months

D4211 Gingivectomy or gingivoplasty – one to three contiguous teeth or tooth bounded spaces per quadrant – Limit 1 every 36 months

D4212 Gingivectomy or gingivoplasty - to allow access for restorative procedure, per tooth - Limit 1 every 36 months

D4240 Gingival flap procedure, including root planing- four or more contiguous teeth or tooth bounded spaces per quadrant – Limit 1 every 36 months

D4241 Gingival flap procedure, including root planing - one to three contiguous teeth or tooth bounded spaces per quadrant – Limit 1 every 36 months

D4245 Apically positioned flap - Limit 1 every 36 months, permanent teeth only

D4249 Clinical crown lengthening – hard tissue

D4260 Osseous surgery (including elevation of a full thickness flap and closure) - four or more contiguous teeth or tooth bounded spaces per quadrant – Limit 1 every 36 months

D4261 Osseous surgery (including elevation of a full thickness flap and closure) - one to three contiguous teeth or tooth bounded spaces per quadrant – Limit 1 every 36 months

D4263 Bone replacement graft - retained natural tooth - first site in quadrant - Limit 1 every 36 months, permanent teeth only

D4264 Bone replacement graft – retained natural tooth - each additional site in quadrant - Limit 1 every 36 months, permanent teeth only

D4268 Surgical revision procedure, per tooth

D4270 Pedicle soft tissue graft procedure - Limit 1 every 36 months

D4273 Autogenous connective tissue graft procedures first tooth (including donor and recipient surgical site) first tooth, implant, or edentulous tooth position in graft – Limit 1 every 36 months

D4274 Mesial/distal wedge procedure, single tooth (when not performed in conjunction with surgical procedures in the same anatomical area) – Limit 1 every 36 months, permanent teeth only

D4275 Non-autogenous connective tissue graft (including recipient site and donor material) first tooth, implant, or edentulous tooth position in graft - Limit 1 every 36 months

D4276 Combined connective tissue and pedicle graft, per tooth - Limit 1 every 36 months

D4277 Free soft tissue graft procedure (including recipient and donor surgical sites) first tooth, implant, or edentulous tooth position in graft – Limit 1 every 36 months

D4278 Free soft tissue graft procedure (including recipient and donor surgical sites) each additional contiguous tooth, implant, or edentulous tooth position in same graft site – Limit 1 every 36 months

D4283 Autogenous connective tissue graft procedure (including donor and recipient surgical sites) - each additional contiguous tooth, implant or edentulous tooth position in same graft site – Limit 1 every 36 months

D4285 Non-autogenous connective tissue graft procedure (including recipient surgical site and donor

material), each additional contiguous tooth, implant, or edentulous tooth position in same graft site – Limit 1 every 36 months

D4355 Full mouth debridement to enable comprehensive periodontal evaluation and diagnosis on a subsequent visit - Limit 1 per lifetime

D4999 Unspecified periodontal procedure, by report

Periodontal Services - continued on next page

### **Periodontal Services (cont.)**

### **Class C Periodontal Services Notes:**

Supporting documentation and criteria:

- Full mouth diagnostic quality radiographic images and/or a panoramic radiographic image including bitewings radiographs, labeled and dated (within 12 months of submitted procedure)
- Periodontal charting: 6-point periodontal pocket depth charting as described by the ADA and AAP labeled and dated (within 12 months of submitted procedure)
- Teeth to be treated must demonstrate at least 5 mm pocket depths
- Gingival flap procedure must be a surface adjacent to an edentulous/terminal tooth area

Gingivectomy or gingivoplasty performed in conjunction with restorative services are considered to be inclusive of the restoration and will not be reimbursed.

Clinical crown lengthening: Prior to final restoration of a tooth, a minimum of six weeks must be allowed for healing of bone and soft tissue following clinical crown lengthening.

Prosthodontic Services
D5110 Complete denture – maxillary – Limit 1 every 60 months – Denied if using as an interim denture
D5120 Complete denture - mandibular - Limit 1 every 60 months - Denied if using as an Interim denture
D5130 Immediate denture – maxillary – Limit 1 every 60 months – Denied if using as an interim denture
D5140 Immediate denture - mandibular – Limit 1 every 60 months – Denied if using as an interim denture
D5211 Maxillary partial denture - resin base (including retentive/clasping materials, rests, and teeth) – Limit 1 every 60 months. Denied if using as an interim denture
D5212 Mandibular partial denture - resin base (including retentive/clasping materials, rests, and teeth) – Limit 1 every 60 months. Denied if using as an interim denture.
D5213 Maxillary partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth) – Limit 1 every 60 months
D5214 Mandibular partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth) – Limit 1 every 60 months
D5221 Immediate maxillary partial denture, resin base – (including retentive/clasping materials, rests and teeth) - Limit 1 every 60 months – Denied if using as an interim denture
D5222 Immediate mandibular partial denture, resin base – (including retentive/clasping materials, rests and teeth) - Limit 1 every 60 months – Denied if using as an interim denture
D5223 Immediate maxillary partial denture, cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth) - Limit 1 every 60 months
D5224 Immediate mandibular partial denture, cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth)- Limit 1 every 60 months
D5225 Maxillary partial denture – flexible base (including retentive/clasping materials, rests and teeth)– Limit 1 every 60 months – Denied if using as an interim denture
D5226 Mandibular partial denture – flexible base (including retentive/clasping materials, rests and teeth) – Limit 1 every 60 months - Denied if using as an inteirm denture
D5227 Immediate maxillary partial denture – flexible base (including any clasps, rest and teeth) – Limit 1 every 60 months – Denied if using as an interim denture
D5228 Immediate mandibular partial denture – flexible base (including any clasps, rest and teeth) – Limit 1 every 60 months – Denied if using as an interim denture
D5282 Removable unilateral partial denture - one piece cast metal (including retentive/clasping materials, rests and teeth), maxillary - Limit 1 every 60 months
D5283 Removable unilateral partial denture – one piece cast metal (including retentive/clasping materials, rests and teeth), mandibular - Limit 1 every 60 months
D5863 Overdenture – complete maxillary - Limit 1 every 60 months - an alternate benefit will be provided
Prosthodontic Services - continued on next page
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D5864 Overdenture – partial maxillary - Limit 1 every 60 months - an alternate benefit will be provided
D5865 Overdenture – complete mandibular - Limit 1 every 60 months - an alternate benefit will be provided
D5866 Overdenture – partial mandibular - Limit 1 every 60 months - an alternate benefit will be provided
D5876 Add metal substructure to acrylic full denture (per arch) - Limit 1 every 60 months
D6010 Surgical placement of implant body: endosteal implant - Limit 1 per site every 60 months
D6012 Surgical placement of interim implant body for transitional prosthesis: endosteal implant - Limit 1 per site every 60 months
D6013 Surgical placement of mini implant - Limit 1 per site every 60 months
D6040 Surgical placement: eposteal implant – Limit 1 per site every 60 months
D6050 Surgical placement: transosteal implant – Limit 1 per site every 60 months
D6055 Connecting bar - implant supported or abutment supported - Limit 1 every 60 months
D6056 Prefabricated abutment - includes modification and placement - Limit 1 every 60 months
D6057 Custom fabricated abutment - includes placement - Limit 1 every 60 months
D6058 Abutment supported porcelain/ceramic crown - Limit 1 every 60 months
D6059 Abutment supported porcelain fused to metal crown (high noble metal) - Limit 1 every 60 months
D6060 Abutment supported porcelain fused to metal crown (predominately base metal) - Limit 1 every 60 months
D6061 Abutment supported porcelain fused to metal crown (noble metal) - Limit 1 every 60 months
D6062 Abutment supported cast metal crown (high noble metal) - Limit 1 every 60 months
D6063 Abutment supported cast metal crown (predominately base metal) - Limit 1 every 60 months
D6064 Abutment supported cast metal crown (noble metal) – Limit 1 every 60 months
D6065 Implant supported porcelain/ceramic crown – Limit 1 every 60 months
D6066 Implant supported crown - porcelain fused to high noble alloys – Limit 1 every 60 months
D6067 Implant supported crown - high noble alloys - Limit 1 every 60 months
D6068 Abutment supported retainer for porcelain/ceramic FPD – Limit 1 every 60 months
D6069 Abutment supported retainer for porcelain fused to metal FPD - high noble metal - Limit 1 every 60 months
D6070 Abutment supported retainer for porcelain fused to metal FPD - predominately base metal – Limit 1 every 60 months
D6071 Abutment supported retainer for porcelain fused to metal FPD - noble metal – Limit 1 every 60 months
D6072 Abutment supported retainer for cast metal FPD - high noble metal – Limit 1 every 60 months
D6073 Abutment supported retainer for cast metal FPD - predominately base metal - Limit 1 every 60 months
D6074 Abutment supported retainer for cast metal FPD - noble metal - Limit 1 every 60 months
D6075 Implant supported retainer for ceramic FPD – Limit 1 every 60 months
D6076 Implant supported retainer for FPD porcelain fused to high noble alloys - Limit 1 every 60 months
D6077 Implant supported retainer for metal FPD - high noble alloys - Limit 1 every 60 months
D6080 Implant Maintenance Procedures – Limit 1 every 60 months
D6082 Implant supported crown - porcelain fused to predominantly base alloys - Limit 1 every 60 months
D6083 Implant supported crown – porcelain fused to noble alloys - Limit 1 every 60 months
D6084 Implant supported crown - porcelain fused to titanium and titanium alloys - Limit 1 every 60 months
D6086 Implant supported crown – predominantly base alloys - Limit 1 every 60 months
D6087 Implant supported crown – noble alloys - Limit 1 every 60 months
D6088 Implant supported crown – titanium and titanium alloys - Limit 1 every 60 months
D6089 Accessing and retorquing loose implant screw - per screw - Limit 1 per 12 months
D6090 Repair Implant Prosthesis – Limit 1 every 60 months
D6091 Replacement of replaceable part of semi-precision or precision attachment of implant/abutment supported prosthesis, per
attachment – Limit 1 every 60 months
D6092 Recement or re-bond implant/abutment supported crown - Limit 1 every 60 months
D6093 Recement or re-bond implant/abutment supported fixed partial denture – Limit 1 every 60 months
D6094 Abutment supported crown - titanium and titanium alloys - Limit 1 every 60 months

D6095 Repair implant abutment, by report - Limit 1 every 60 months

D6097 Abutment supported crown - porcelain fused to titanium and titanium alloys - Limit 1 every 60 months

D6098 Implant supported retainer - porcelain fused to predominantly base alloys - Limit 1 every 60 months

D6099 Implant supported retainer for FPD - porcelain fused to noble alloys - Limit 1 every 60 months

D6100 Surgical removal of implant body - Limit once per implant location

D6101 Debridement of a peri-implant defect or defects surrounding a single implant, and surface cleaning of exposed implant surfaces, including flap entry and closure – Limit 1 per lifetime

D6102 Debridement and osseous contouring of a peri-implant defect or defects surrounding a single implant and includes surface cleaning of the exposed implant surfaces, including flap entry and closure – Limit 1 per lifetime

D6103 Bone graft for repair of peri-implant defect - does not include flap entry and closure - Limit 1 every 36 months

D6104 Bone graft at time of implant placement - Limit 1 every 36 months

D6105 Removal of implant body not requiring bone removal or flap elevation - Limit once per implant location

D6106 Guided tissue regeneration – resorbable barrier, per implant - Limit 1 every 36 months

D6107 Guided tissue regeneration - non-resorbable barrier, per implant - Limit 1 every 36 months

D6110 Implant/abutment supported removable denture for edentulous arch - maxillary - Limit 1 every 60 months

D6111 Implant/abutment supported removable denture for edentulous arch - mandibular - Limit 1 every 60 months

D6112 Implant/abutment supported removable denture for partially edentulous arch - maxillary - Limit 1 every 60 months

D6113 Implant/abutment supported removable denture for partially edentulous arch - mandibular - Limit 1 every 60 months

D6114 Implant/abutment supported fixed denture for edentulous arch - maxillary - Limit 1 every 60 months

D6115 Implant/abutment supported fixed denture for edentulous arch - mandibular - Limit 1 every 60 months

D6116 Implant/abutment supported fixed denture for partially edentulous arch - maxillary - Limit 1 every 60 months

D6117 Implant/abutment supported fixed denture for partially edentulous arch - mandibular - Limit 1 every 60 months

D6120 Implant supported retainer – porcelain fused to titanium and titanium alloys - Limit 1 every 60 months

D6121 Implant supported retainer for metal FPD – predominantly base alloys - Limit 1 every 60 months

D6122 Implant supported retainer for metal FPD – noble alloys - Limit 1 every 60 months

D6123 Implant supported retainer for metal FPD - titanium and titanium alloys - Limit 1 every 60 months

D6190 Radiographic/surgical implant index, by report – Limit 1 every 60 months

D6191 Semi-precision abutment - placement - Limit 1 every 60 months

D6192 Semi-precision attachment – placement – Limit 1 every 60 months

D6194 Abutment supported retainer crown for FPD - titanium and titanium alloys - Limit 1 every 60 months

D6195 Abutment supported retainer - porcelain fused to titanium and titanium alloys - Limit 1 every 60 months

D6205 Pontic - indirect resin based composite - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6210 Pontic - cast high noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6211 Pontic - cast predominately base metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6212 Pontic - cast noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6214 Pontic - titanium and titanium alloys - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6240 Pontic - porcelain fused to high noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6241 Pontic - porcelain fused to predominately base metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6242 Pontic - porcelain fused to noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6243 Pontic – porcelain fused to titanium and titanium alloys - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6245 Pontic - porcelain/ceramic - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6250 Pontic - resin with high noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6251 Pontic - resin with predominantly base metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

D6252 Pontic - resin with noble metal - Limit 1 every 60 months, including all other crowns, bridges, prosthetics

Prosthodontic Services - continued on next page

D9933 Cleaning and inspection of removable complete denture, mandibular - Limit 3 times per calendar year

Prosthodontic Services - continued on next page

D9934 Cleaning and inspection of removable partial denture, maxillary - Limit 3 times per calendar year

D9935 Cleaning and inspection of removable partial denture, mandibular - Limit 3 times per calendar year

### **Class C Major Services Notes:**

- For reporting and benefit purposes, the completion date for fixed partial dentures is the cementation date. The completion date is the insertion date for removable prosthodontic appliances. For immediate dentures, the dentist who fabricated the denture may be reimbursed for the service after insertion by another dentist (e.g., oral surgeon).
- All major restorative and prosthodontic services (i.e., crown, bridges, implants and dentures) are combined under one replacement limitation under the plan. Benefits for major restorative and prosthodontic services are combined and limited to one every 60 months per tooth or arch depending on the service. For example, if benefits for a removable partial denture are paid, this includes benefits to replace all missing teeth in the arch. No additional benefits for the arch would be considered until the 60 month replacement limit was met.
- When dental services that are subject to a frequency limitation were performed prior to your effective date of coverage, the date of the prior service may be counted toward the time, frequency limitations and/or replacement limitations under this dental insurance. (For example, even if a crown, partial bridge, etc. was not placed while covered under BCBS FEP Dental, or paid by BCBS FEP Dental, the frequency limitations may apply.)

### **Oral Surgery**

D7340 Vestibuloplasty - Ridge extension (secondary epithelialization)

D7350 Vestibuloplasty - Ridge extension (including soft tissue grafts, muscle reattachment, revision of soft tissue attachment and management of hypertrophied and hyperplastic tissue)

### **Services Not Covered**

Refer to Section 7 for a list of general exclusions

### **Class D Orthodontic**

### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure and are payable only when we determine they are necessary for the prevention, diagnosis, care, or treatment of a covered condition and meet broadly accepted national standards of practice.
- There is no calendar year deductible.
- We pay 50% of the plan allowance up to the lifetime maximum. The lifetime maximum for orthodontic services (clear aligners or traditional braces) depends on the option in which you enroll and if you choose to receive services from a network dentist. If you are covered by High Option, the lifetime maximum is up to \$3,500. However, the plan allowance (see page 16) depends on the participation status of the dentist. If you are enrolled in Standard Option, the lifetime maximum for services rendered by an in-network dentist is up to \$2,500 and for services rendered by an out-of-network dentist the lifetime maximum is up to \$1,250. Your out-of-pocket expenses will be higher when using an out-of-network dentist.
- In no instance will BCBS FEP Dental allow more than \$2,500 in orthodontic benefits under Standard Option.
- The benefit for the initial placement will not exceed 25% of the lifetime maximum benefit amount for the appliance. All subsequent payments will be made in equal installments pro-rated over the balance of a maximum period of 29 months. If your coverage terminates, all orthodontia benefit payments will end.
- Covered services are limited to the maximum allowable charge as determined by the plan and are subject to alternate benefit, coinsurance, maximum benefit limits, and the other limitations described in this plan document.
- We cover traditional orthodontic treatment (braces) as well as clear aligners. To determine what is most cost effective, we recommend a pretreatment estimate.
- The allowed amount is based on the orthodontic treatment and does not guarantee that the full lifetime maximum will be paid out on a single treatment. If the orthodontic treatment is already in progress at the time of eligibility, the orthodontic benefit will be prorated based on the number of months remaining in the treatment plan up to the lifetime maximum.
- Coverage for pre-treatment orthodontic exam and radiographic images may be allowed if completed more than 3 months from initial appliance placement.
- Applying the limited access provision will not result in additional payment under the High Option orthodontic plan.
- The following is an all-inclusive list of covered services.

### You Pay:

### High Option

- **In-Network:** 50% of the plan allowance up to the lifetime maximum. You are responsible for all charges that exceed the lifetime maximum.
- **Out-of-Network:** 50% of the plan allowance up to the lifetime maximum and any difference between our allowance and the billed amount.

### Standard Option

- **In-Network:** 50% of the plan allowance up to the lifetime maximum. You are responsible for all charges that exceed the lifetime maximum.
- **Out-of-Network:** 50% of the plan allowance up to the lifetime maximum and any difference between our allowance and the billed amount.

### **Orthodontic Services**

D0340 2D cephalometric radiographic image – acquisition, measurement and analysis - may be allowed if completed more than 3 months prior to the start of orthodontic treatment

D0350 2D oral/facial photographic image obtained intra-orally or extra-orally – may be allowed if completed more than 3 months prior to the start of orthodontic treatment

D0470 Diagnostic casts - may be allowed if completed more than 3 months prior to the start of orthodontic treatment

D0801 3D dental surface scan – direct - may be allowed if completed more than 3 months prior to the start of orthodontic treatment

D0802 3D dental surface scan – indirect - may be allowed if completed more than 3 months prior to the start of orthodontic treatment

D7283 Placement of device to facilitate eruption of impacted tooth, covered 1 per lifetime

D8010 Limited orthodontic treatment of the primary dentition

D8020 Limited orthodontic treatment of the transitional dentition

D8030 Limited orthodontic treatment of the adolescent dentition

D8040 Limited orthodontic treatment of the adult dentition

D8070 Comprehensive orthodontic treatment of the transitional dentition

D8080 Comprehensive orthodontic treatment of the adolescent dentition

D8090 Comprehensive orthodontic treatment of the adult dentition

D8210 Removable appliance therapy

D8220 Fixed appliance therapy

D8660 Pre-orthodontic treatment examination to monitor growth and development

D8670 Periodic orthodontic treatment visit (as part of contract) – monthly payments automatically made if orthodontic treatment plan is in place

D8681 Removable orthodontic retainer adjustment

#### **Services Not Covered**

### Refer to Section 7 for a list of general exclusions:

- Repair of damaged orthodontic appliances
- · Replacement of lost or missing appliances
- Services to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, and restoration for misalignment of teeth.
- · Over-the-counter or mail order orthodontic treatments

## **General Services**

### Important things you should keep in mind about these benefits:

- Please remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure and are payable only when we determine they are necessary for the prevention, diagnosis, care, or treatment of a covered condition and meet broadly accepted national standards of practice.
- The calendar year deductible is \$0, if you use an in-network dentist.
- If you elect to use an out-of-network dentist, Standard Option has a \$75 deductible per person; High Option has a \$50 deductible per person. Neither option contains a family deductible; each enrolled covered person must satisfy their own deductible.
- There is no High Option Annual Benefit Maximum for non-orthodontic in-network services, and \$3,000 for out-of-network services.
- The Standard Option Annual Benefit Maximum for non-orthodontic services is \$1,500 for in-network services and \$750 for out-of-network services. In no instance will BCBS FEP Dental allow more than \$1,500 in combined benefits under Standard Option in any plan year.
- All services requiring more than one visit are payable once all visits are completed.
- The following is an all-inclusive list of covered services.

#### You Pay:

### High Option

- **In-Network:** No deductible; you pay 30% of the plan allowance for covered services as defined by the plan, subject to plan maximums.
- **Out-of-Network:** \$50 deductible; you pay 40% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

### Standard Option

- **In-Network:** No deductible; you pay 45% of the plan allowance for covered services as defined by the plan, subject to plan maximums.
- **Out-of-Network:** \$75 deductible; you pay 60% of the plan allowance for covered services as defined by the plan, subject to plan maximums and any difference between our allowance and the billed amount.

### Anesthesia Services

D9219 Evaluation for moderate sedation, deep sedation or general anesthesia

D9222 Deep sedation/general anesthesia – first 15 minutes. Up to 8 total units of anesthesia (D9222 & D9223)

D9223 Deep sedation/general anesthesia - each subsequent 15 minute increment. Up to 8 total units of anesthesia (D9222 & D9223) D9230 Inhalation of nitrous oxide/analgesia, anxiolysis - for children 5 and under and other individuals with a medical condition

that may require it

D9239 Intravenous moderate (conscious) sedation/analgesia – first 15 minutes. Up to 8 total units of anesthesia (D9239 & D9243)

D9243 Intravenous moderate (conscious) sedation/analgesia - each subsequent 15 minute increment. Up to 8 total units of anesthesia (D9239 & D9243)

### Medications

D9610 Therapeutic parenteral drug, single administration, by report.

D9612 Therapeutic parenteral drugs, two or more administrations, different medications

D9613 Infiltration of sustained release therapeutic drug, per quadrant

### **Post-Surgical Services**

D9930 Treatment of complications (post-surgical) unusual circumstances, by report

### **Miscellaneous Services**

D9941 Fabrication of athletic mouthguard -Limit 1 every 12 months

D9943 Occlusal guard adjustment - Limit 1 every 6 months for patients 13 and older

D9944 Occlusal guard - hard appliance, full arch - Limit 1 every 12 months for patients 13 and older

D9945 Occlusal guard - soft appliance, full arch - Limit 1 every 12 months for patients 13 and older

D9946 Occlusal guard – hard appliance, partial arch – Limit 1 every 12 months for patients 13 and older

D9974 Internal bleaching - per tooth

D9999 Unspecified Adjunctive procedure, by report

#### **General Services Notes:**

- Deep sedation/general anesthesia and intravenous sedation are covered when provided in conjunction with covered surgical procedures. The services must be rendered by a dentist licensed and approved to provide anesthesia in the state where rendered.
- Deep sedation/general anesthesia and intravenous sedation are covered when determined to be medically or dentally necessary for documented handicapped or uncontrollable patients or justifiable conditions.
- In order for deep sedation/general anesthesia and intravenous conscious sedation to be covered, submission must include the procedure for which it was necessary.

### **Services Not Covered**

Refer to Section 7 for a list of general exclusions.

# Section 6 International Services and Supplies

International Claims Payment	We will pay benefits, subject to plan provisions, in an amount equal to the covered percentage for the charges incurred by you. You are responsible for paying the dentist and for submitting your claims to BCBS FEP Dental. We will reimburse you in US dollars based on the OANDA currency conversion rate.
Finding an International Dentist	You may visit any dentist and you will receive in-network benefits for any covered benefits received internationally. Our international dental program includes English-speaking dentists in approximately 100 countries worldwide. Customer service is available 24/7 to assist in making an appointment.
	For help locating an English-speaking dentist, you may call 24 hours a day (outbound calling code for the country you are calling from) plus 353-94-9372257. If calling from Ireland, press 0-94-9372257.
	Customer service (in the U.S.) 1-855-504-BLUE (2583)
	Customer service (international) call collect 651-994-2583
Filing International Claims	You are responsible for paying the dentist and submitting the claims to BCBS FEP Dental for reimbursement. The claim form can be accessed online at <u>www.bcbsfepdental.com/</u> <u>claimform</u> . Mail the completed claim form and receipt to:
	BCBS FEP Dental Claims P.O. Box 75 Minneapolis, MN 55440-0075
International Rates	There is one rating area for all international locations. Use rating area 1 in the rate table to find international premium amounts.

### Section 7 General Exclusions – Things We Do Not Cover

The exclusions in this section apply to all benefits. Although we may list a specific service as a benefit, we will not cover it unless we determine it is necessary for the prevention, diagnosis, care, or treatment of a covered condition.

We do not cover the following:

• Services and treatment not prescribed by or under the direct supervision of a dentist, except in those states where dental hygienists are permitted to practice without supervision by a dentist. In these states, we will pay for eligible covered services provided by an authorized dental hygienist performing within the scope of his or her license and applicable state law;

• Services and treatment that are experimental or investigational;

• Services and treatment that are for any illness or bodily injury that occurs in the course of employment if a benefit or compensation is available, in whole or in part, under the provision of any law or regulation or any government unit. This exclusion applies whether or not you claim the benefits or compensation;

• Services and treatment received from a dental or medical department maintained by or on behalf of an employer, mutual benefit association, labor union, trust, VA hospital or similar person or group;

• Services and treatment performed prior to your effective date of coverage;

• Services and treatment incurred after the termination date of your coverage unless otherwise indicated;

- Services and treatment that are not dentally necessary or do not meet generally accepted standards of dental practice.
- Services and treatment resulting from your failure to comply with professionally prescribed treatment;
- Any charges for failure to keep a scheduled appointment;

• Any services that are considered strictly cosmetic in nature including, but not limited to, charges for personalization or characterization of prosthetic appliances;

• Services related to the diagnosis and treatment of Temporomandibular Joint Dysfunction (TMD);

• Services or treatment provided as a result of intentionally self-inflicted injury or illness;

• Services or treatment provided as a result of injuries suffered while committing or attempting to commit a felony, engaging in an illegal occupation, or participating in a riot, rebellion or insurrection;

• Office infection control charges;

• Charges for copies of your records, charts or radiographic images, or any costs associated with forwarding/mailing copies of your records, charts or radiographic images;

• State or territorial taxes on dental services performed;

• Those services submitted by a dentist, which is for the same services performed on the same date for the same member by another dentist;

- Those services provided free of charge by any governmental unit, except where this exclusion is prohibited by law;
- Those services for which the member would have no obligation to pay in the absence of this or any similar coverage;
- Those services that are for specialized procedures and techniques;

• Those services performed by a dentist who is compensated by a facility for similar covered services performed for members;

- Duplicate, provisional and temporary devices, appliances, and services;
- Plaque control programs, oral hygiene instruction, and dietary instructions;

• Services to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, and restoration for misalignment of teeth;

- Gold foil restorations;
- Charges for sterilizing;

• Treatment or services for injuries resulting from the maintenance or use of a motor vehicle if such treatment or service is paid or payable under a plan or policy of motor vehicle insurance, including a certified self-insurance plan;

• Treatment of services for injuries resulting from war or act of war, whether declared or undeclared, or from police or military service for any country or organization;

• Hospital costs or any additional fees that the dentist or hospital charges for treatment at the hospital (inpatient or outpatient);

- Charges by the dentist for completing dental forms;
- Adjustment of a denture or bridgework that is made within 6 months after installation by the same dentist who installed it;
- Use of material or home health aids to prevent decay, such as toothpaste, fluoride gels, dental floss and teeth whiteners;
- Cone Beam Imaging and Cone Beam MRI procedures;
- Sealants for teeth other than 1st and 2nd permanent molars;
- Precision attachments, personalization, precious metal bases and other specialized techniques;
- Replacement of dentures that have been lost, stolen or misplaced;
- Repair of damaged orthodontic appliances;
- Replacement of lost or missing appliances;
- External bleaching;
- Nitrous oxide is excluded for individuals over 5 years of age in the absence of a medical condition that may require it;
- Oral sedation;
- Topical medicament center;
- Bone grafts when done in connection with extractions, apicoetomies or non-covered/non-eligible implants;
- Interim therapeutic restoration primary;
- Veneers;
- Blood glucose level test in-office using a glucose meter;
- Duplicate/copy patient's records;

• When two or more services are submitted and the services are considered part of the same service, we will pay the most comprehensive service (the service that includes the other service) as determined by BCBS FEP Dental;

• When two or more services are submitted on the same day and the services are considered mutually exclusive (when one service contradicts the need for the other service), we will pay for the service that represents the final treatment as determined by this plan;

• Incomplete Endodontic Therapy, inoperable, unrestorable or fractured tooth is not a covered service.

# **Section 8 Claims Filing and Disputed Claims Processes**

How to File a Claim for Covered Services	To avoid delay in the payment of your dental claims, please have your dentist submit your claims directly to your FEHB plan (should you be enrolled), then to BCBS FEP Dental. Pre-treatment estimates and diagnostic quality preoperative periapical radiographs and/or panoramic images can be submitted directly to BCBS FEP Dental (Exception: If accidental injury occurs, pre-treatment estimates should be submitted to your FEHB plan). If you need to send in a claim you may download a claim form from BCBS FEP Dental's website, <u>www.bcbsfepdental.com</u> Mail completed claim form to: BCBS FEP Dental Claims P.O. Box 75 Minneapolis, MN 55440-0075
Deadline for Filing Your Claim	You must submit your claim and any requested documentation within 24 months from the date the service was rendered.
<b>Disputed Claims Process</b>	Step Description
	<b>1.</b> Ask us in writing to reconsider our initial decision. You must include any pertinent information omitted from the initial claim filing and send your additional proof to us within 60 days from the date of our determination. Non-covered services do not qualify for the disputed claims process.
	2. You may mail your request for reconsideration to:
	BCBS FEP Dental Claims Appeals P.O. Box 551 Minneapolis, MN 55440-0551
	Or go to www.bcbsfepdental.com/contactus
	We will review your request and provide you with a written or electronic explanation of benefit determination within 30 days of the receipt of your request.
	<b>3.</b> If you disagree with the decision regarding your request for reconsideration, you may request a second review of the denial within 60 days from the date of our determination. You must submit your request to us in writing to the address shown above along with any additional information you or your dentist can provide to substantiate your claim so that we can reconsider our decision. Failure to do so will disqualify the appeal of your claim.
	<b>4.</b> If you do not agree with our final decision, under certain circumstances you may request an independent third party, mutually agreed upon by BCBS FEP Dental and OPM, review the decision. To qualify for this independent third-party review, the reason for denial must be based on our determination that the rationale for the procedure did not meet our dental necessity criteria or our administration of the plans alternate benefit provision, for example, a bridge being given an alternate benefit of a partial denture. You must file the appeal in writing to BCBS FEP Dental within 60 days from the date of our determination.
	The decision of the independent third party is binding and is the final review of your claim.
	Follow this disputed claims process if you disagree with our decision on your claim or request for services. <b>FEDVIP legislation does not provide a role for OPM to review disputed claims.</b>
	Members may appeal any claims decision by submitting a written notice via U.S. Mail or email.

## Section 9 Definitions of Terms We Use in This Brochure

Alternate Benefit	If we determine a service less costly than the one performed by your dentist could have been performed by your dentist, we will pay benefits based upon the less costly services. See Section 3, How You Get Care.
Annual Benefit Maximum	The maximum annual benefit that a member can receive.
Annuitants	Federal retirees (who retired on an immediate annuity) and survivors (of those who retired on an immediate annuity or died in service) receiving an annuity. This also includes those receiving compensation from the Department of Labor's Office of Workers' Compensation Programs, who are called compensationers. Annuitants are sometimes called retirees.
BENEFEDS	The enrollment and premium administration system for FEDVIP.
Benefits	Covered services or payment for covered services to which enrollees and covered family members are entitled to the extent provided by this brochure.
Calendar Year	From January 1, 2024 through December 31, 2024. Also referred to as the plan year.
Class A Services	Basic services, which include oral examinations, prophylaxis, diagnostic evaluations, sealants, and radiographic images.
Class B Services	Intermediate services, which include restorative procedures such as fillings, prefabricated stainless steel crowns, periodontal scaling and root planing, extractions, and denture adjustments.
Class C Services	Major services, which include endodontic services such as root canals, periodontal services, such as gingivectomy, major restorative services such as crowns, oral surgery, bridges, and prosthodontic services such as complete dentures.
<b>Class D Services</b>	Orthodontic services.
Coinsurance	Coinsurance is the stated percentage of covered expenses you must pay.
Copay/Copayment	A copayment is a fixed amount of money you pay the dentist when you receive the service.
Cosmetic Procedure	A cosmetic procedure is any procedure or portion of a procedure performed primarily to improve physical appearance or is performed for psychological purposes.
Covered Services	Covered services shall include only those services specifically listed in Section 5 Dental Services and Supplies. A covered service must be incurred and completed while the person receiving the service is a covered person. Covered services are subject to plan provisions for exclusions and limitations and must meet broadly accepted national standards of practice.
Date of Service	The calendar date on which you visit the dentist's office and services are rendered.
Enrollee	The Federal employee, annuitant, or TRICARE-eligible individual enrolled in this plan.
FEDVIP	Federal Employees Dental and Vision Insurance Program.
Generally Accepted Dental Protocols	Generally accepted dental protocol means that a dental service or treatment is performed in accordance with broadly accepted national standards of practice, as determined from multiple sources, including but not limited to, relevant clinical dental research from various research organizations, including dental schools, current recognized dental school standard of care curriculums and organized dental groups, including the American Dental Association, which is necessary to treat decay, disease or injury of teeth, or essential for the care of teeth and supporting tissues of the teeth.
In-Progress Treatment	Dental services that initiated in 2023 that will be completed in 2024.
Incur/Incurred	A covered service is deemed incurred on the date care, treatment or service is received.

Plan Allowance	The amount we use to determine our payment for services. If services are provided by an in-network dentist, the allowance is based on the negotiated fee they accept as payment in full. If services are provided by an out-of-network dentist, the plan allowance is based on the out-of-network plan allowance.
Network Allowance	Network allowance means the allowance per procedure that BCBS FEP Dental has negotiated with the dentist, and they have agreed to accept as payment in full.
Plan	BCBS FEP Dental
Sponsor	Generally, a sponsor means the individual who is eligible for medical or dental benefits under 10 U.S.C. chapter 55 based on their direct affiliation with the uniformed services (including military members of the National Guard and Reserves).
TRICARE-eligible individual (TEI) certifying family member	Under circumstances where a sponsor is not an enrollee, a TEI family member may accept responsibility to self-certify as an enrollee and enroll TEI family members.
TRICARE-eligible individual (TEI) family member	TEI family members include a sponsor's spouse, unremarried widow, unremarried widower, unmarried child, and certain unmarried persons placed in a sponsor's legal custody by a court. Children include legally adopted children, stepchildren, and pre-adoptive children. Children and dependent unmarried persons must be under age 21 if they are not a student, under age 23 if they are a full-time student, or incapable of self-support because of a mental or physical incapacity.
Waiting Period	The amount of time that you must be enrolled in this plan before you can receive services. Note: There are no waiting periods for BCBS FEP Dental.
We/Us	BCBS FEP Dental
You	Enrollee or eligible family member.

### **Discounts**

#### Save with Blue365® Discounts

BCBS FEP Dental presents Blue365, a program that provides easy access to premier health and wellness products and services to help members build a path to live a healthy life. With Blue365, members get access to over 90 handpicked discounts from leading brands and there is no limit to how many deals a member can redeem. Many deals are available and new ones are constantly being added, including:

- **Fitness** Get the support you need to achieve your fitness goals with deals on wearable devices, apparel, home gym equipment, virtual workout classes and in-person gym access.
- Healthy Eyes and Ears Between replacing hearing aids and correcting your vision, caring for your eyes and ears can get expensive quickly. Blue365 provides up to 60% off hearing aids, discounts on LASIK surgery and more.
- Home and Family Your home and family can influence your mental, physical, emotional, and financial well-being. Blue365 offers discounts on premium vitamins and supplements, pet insurance, fertility services, products for new parents, financial offers, family health and more.
- Nutrition Blue365 offers a variety of deals that help you eat right. Choose from meal kit subscriptions, chef-prepared entrees, weight management plans and more.
- **Personal Care** A little self-care can go a long way toward improving your mental health. Blue365 offers exclusive discounts on skin care products, oral care products, tooth-whitening kits, mindfulness subscriptions and much more.
- **Travel** Sometimes a vacation is all you need to escape stress and reset. Blue365 makes family getaways more affordable with discounted access to lodging, car rentals and vacation packages.

Each week, Blue365 members can receive great health and wellness deals via email. With Blue365, there is no paperwork to fill out. Just visit <u>http://www.bcbsfepdental.com/additional-discounts</u> and select Visit Blue365 deals to learn more about the various Blue365 vendors and discounts.

BCBS FEP Dental does not recommend, endorse, warrant, or guarantee any specific Blue365 vendor or item. Vendors and the program are subject to change at any time.

### **Tools and Resources**

### AskBlue BCBS FEP Dental Plan Finder

**Description:** Need help choosing between High Option and Standard Option? AskBlue makes it easy. In just 10 minutes, you can answer some simple questions and get recommended a plan based on your needs. Try AskBlue by visiting <u>askblue.bcbsfepdental.com</u>.

### Website

**Description**: On our website, bcbsfepdental.com, you can access tools and resources that help you get the most out of your coverage, including:

- Compare benefit plans
- Read Oral health and wellness articles
- Learn how to enroll
- Opt-in for email communication
- Find a dentist
- Dental Pricing Tool
- Glossary of dental terms
- Dental anatomy
- And much more

#### **Member Portal**

**Description:** Visit our member portal at www.bcbsfepdental.com to check the status of your claims, request claim forms, request a duplicate or replacement ID card, and track how you use your benefits. Additional features include:

- Opt-in for email communication
- Opt-in for paperless Explanation of Benefits (EOBs)
- View/share EOBs
- View/share/download ID cards
- Submit online claims
- Live chat with customer service
- And much more

### **BCBS FEP Dental Mobile Application**

**Description:** BCBS FEP Dental's mobile application is available for download for both iOS and Android mobile phones. The application provides members with 24/7 access to helpful features, tools and information related to BCBS FEP Dental benefits. Members can log in with their username and password to access personal dental information such as benefits, out-of-pocket costs, and wellness information. They can also view claims and approval status, view/share EOB, view/share member ID cards, and locate innetwork dentists. Additional features include:

- Submit online claims
- Dental Pricing Tool
- Brush & floss timer
- Torp's Interactive timer for children
- Opt-in for email communication

#### Social Media

Description: Follow us @bcbsfepdental on Facebook and YouTube for the latest information happening at BCBS FEP Dental.

- **Do not rely on this chart alone.** This page summarizes your portion of the expenses we cover; please review the individual sections of this brochure for more detail.
- If you want to enroll or change your enrollment in this plan, please visit <u>www.BENEFEDS.com</u> or call 1-877-888-FEDS (3337), TTY number 1-877-889-5680.
- Out-of-network services under Class A, B and C are subject to a \$50 deductible per person under High Option and a deductible of \$75 for Standard Option per person per calendar year.
- For children age 13 and under, you pay \$0 for in-network Class B, and Class C covered services as defined by the plan, subject to plan maximums.

High Option Benefits	You Pay			
	In-Network	<b>Out-of-Network</b>		
$ClassA(Basic)Services- {\tt preventive} \ {\tt and} \ {\tt diagnostic}$	0%	10%		
Class A, B, and C Services are subject to an unlimited annual maximum benefit amount for in-network services and \$3,000 for out-of-network services.				
Class B (Intermediate) Services – includes minor restorative services	30%	40%		
Class A, B, and C Services are subject to an unlimited annual maximum benefit amount for in-network services and \$3,000 for out-of-network services.				
Class C (Major) Services – includes major restorative, endodontic, and prosthodontic services	50%	60%		
Class A, B, and C Services are subject to an unlimited annual maximum benefit amount for in-network services and \$3,000 for out-of-network services.				
Class D Services – orthodontic	50%	50%		
up to \$3,500 Lifetime Maximum				

Standard Option Benefits	You Pay			
	In-Network	<b>Out-of-Network</b>		
Class A (Basic) Services – preventive and diagnostic	0%	40%		
Class A, B, and C Services are subject to a \$1,500 annual maximum benefit for the in-network benefits and \$750 for the out-of-network benefits				
Class B (Intermediate) Services – includes minor restorative services	45%	60%		
Class A, B, and C Services are subject to a \$1,500 annual maximum benefit for the in-network benefits and \$750 for the out-of-network benefits				
Class C (Major) Services – includes major restorative, endodontic, and prosthodontic services	65%	80%		
Class A, B, and C Services are subject to a \$1,500 annual maximum benefit for the in-network benefits and \$750 for the out-of-network benefits				

- continued on next page

Standard Option Benefits	You Pay			
(cont.)	In-Network	Out-of-Network		
Class D Services – orthodontic	50%	50%		
\$2,500 Lifetime Maximum for in-network, or				
\$1,250 Lifetime Maximum for out-of-network				

## **Stop Health Care Fraud!**

Fraud increases the cost of health care for everyone and increases your Federal Employees Dental and Vision Insurance Program premium.

**<u>Protect Yourself From Fraud</u>** – Here are some things that you can do to prevent fraud:

- Do not give your plan identification (ID) number over the telephone or to people you do not know, except to your dentists, BCBS FEP Dental, BENEFEDS, or OPM.
- Let only the appropriate dentists review your clinical record or recommend services.
- Avoid using dentists who say that an item or service is not usually covered, but they know how to bill us to get it paid.
- Carefully review your explanation of benefits (EOBs) statements.
- Do not ask your dentist to make false entries on certificates, bills or records in order to get us to pay for an item or service.
- If you suspect that a dentist has charged you for services you did not receive, billed you twice for the same service, or misrepresented any information, do the following:
  - Call the dentist and ask for an explanation. There may be an error.
  - If the dentist does not resolve the matter, call us at 1-855-504-BLUE (2583) and explain the situation, you will be required to state your complaint in writing to us.
- Federal Civilians Do not maintain as a family member on your policy: your former spouse after a divorce decree or annulment is final (even if a court order stipulates otherwise); or your child over age 22 (unless they are disabled and incapable of self-support).
- **TRICARE Eligibles** Do not maintain as a family member on your policy: Your child over age 21 if they are not enrolled in school (unless they are disabled or incapable of self-support) Your child over age 23 if they are enrolled in school (unless they are disabled or incapable of self-support)

If you have any questions about the eligibility of a dependent, please contact BENEFEDS.

Be sure to review Section 1, Eligibility, of this brochure prior to submitting your enrollment or obtaining benefits.

Fraud or intentional misrepresentation of material fact is prohibited under the plan. You can be prosecuted for fraud and your agency may take action against you if you falsify a claim to obtain FEDVIP benefits or try to obtain services for someone who is not an eligible family member or who is no longer enrolled in the plan, or enroll in the plan when you are no longer eligible. Notes

## **Rate Information**

How to find your rate: In the first chart below, look up your state or Zip code to determine your rating area. In the second chart on the following page match your rating area to the enrollment type and plan option.

Premium Rating Areas by State/Zip Code (first three digits)								
State	Zip	Rating Region	State	Zip	Rating Region	State	Zip	Rating Region
AK	Entire State	5	LA	Entire State	1	NY	Rest of State	2
AL	Entire State	1	MA	010-011, 013-027, 055	5	ОН	Entire State	1
AR	Entire State	2	MA	Rest of State	3	ОК	Entire State	1
AZ	855,859-860,863-865	2	MD	205-212, 214, 216-217	3	OR	970-973	4
AZ	850-853	3	MD	Rest of State	2	OR	Rest of State	2
AZ	Rest of State	1	ME	039-042	5	PA	180-181, 183	4
CA	900-908, 910-928, 930-931, 933-935	4	ME	Rest of State	2	PA	189-196	2
CA	939-952,954,956-959	5	MI	480-485	2	PA	172-174	3
CA	Rest of State	2	MI	Rest of State	1	PA	Rest of State	1
CO	Entire State	4	MN	550-551, 553-555, 563	4	PR	Entire Area	1
СТ	060-063	5	MN	Rest of State	3	RI	Entire State	5
СТ	Rest of State	4	MO	726	2	SC	Entire State	2
DC	Entire Area	3	MO	Rest of State	1	SD	Entire State	1
DE	Entire State	2	MS	Entire State	1	TN	Entire State	1
FL	330-334, 349	2	MT	Entire State	1	TX	Entire State	1
FL	Rest of State	1	NC	270-274, 278, 280-282, 284-289	2	UT	Entire State	2
GA	Entire State	1	NC	275-277, 283	3	VA	201, 205, 220-227	3
GU	Entire Area	1	NC	Rest of State	1	VA	Rest of State	1
HI	Entire State	3	ND	Entire State	5	VI	Entire Area	1
IA	500-514,516,520-528	3	NE	Entire State	2	VT	Entire State	5
IA	Rest of State	2	NH	030-033, 038	5	WA	980-985	5
ID	Entire State	4	NH	Rest of State	3	WA	Rest of State	4
IL	600-609, 613	2	NJ	070-079, 085-089	4	WI	540	4
IL	612	3	NJ	Rest of State	2	WI	Rest of State	3
IL	Rest of State	1	NM	Entire State	1	WV	254	3
IN	463-464	2	NV	897	5	WV	Rest of State	1
IN	Rest of State	1	NV	Rest of State	2	WY	834	4
KS	664-665, 667-679	2	NY	120-123, 128	3	WY	Rest of State	2
KS	Rest of State	1	NY	063	5	INTL	International	1
KY	Entire State	1	NY	005, 100-119, 124-126	4			

### Rates

		High - Bi-Weekly	<i>y</i>	High - Monthly			
Rating Area	Self Only Self Plus One		Self and Family	Self Only	Self Plus One	Self and Family	
1	\$18.39	\$36.77	\$55.16	\$39.85	\$79.67	\$119.51	
2	\$20.60	\$41.20	\$61.80	\$44.63	\$89.27	\$133.90	
3	\$22.43	\$44.85	\$67.28	\$48.60	\$97.18	\$145.77	
4	\$24.29	\$48.58	\$72.87	\$52.63	\$105.26	\$157.89	
5	\$27.19	\$54.37	\$81.56	\$58.91	\$117.80	\$176.71	

	St	andard - Bi-Weel	kly	Standard - Monthly			
Rating Area	Self Only	Self Plus One	Self and Family	Self Only	Self Plus One	Self and Family	
1	<b>\$9.8</b> 7	\$19.75	\$29.62	\$21.39	\$42.79	\$64.18	
2	\$10.82	\$21.63	\$32.45	\$23.44	\$46.87	\$70.31	
3	\$12.30	\$24.60	\$36.90	\$26.65	\$53.30	\$79.95	
4	\$13.28	\$26.56	\$39.85	\$28.77	\$57.55	\$86.34	
5	\$14.67	\$29.33	\$44.00	\$31.79	\$63.55	\$95.33	