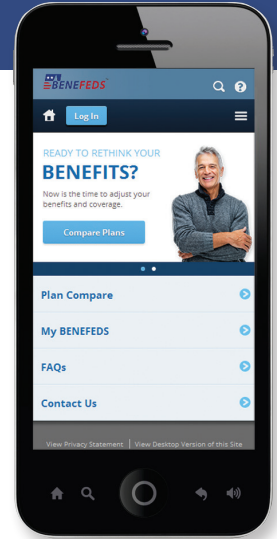


Self-Service Opportunities on BENEFEDS.com



What is BENEFEDS?

BENEFEDS is the government-authorized and U.S. Office of Personnel Management (OPM)-sponsored enrollment portal that you can use to research, enroll in, and manage your Federal Employees Dental and Vision Insurance Program (FEDVIP) coverage. BENEFEDS also manages the billing systems and customer service functions necessary for the collection of FEDVIP premiums.

What can you do on BENEFEDS.com?

BENEFEDS offers a full suite of services that you can perform on your own, both during and outside the Federal Benefits Open Season. Access your customized, secure My BENEFEDS account at BENEFEDS.com/login, where you can view real-time information about your plans, premiums, billing, and other important information.

During open season:	Outside open season:
<ul style="list-style-type: none"> ▶ Check eligibility ▶ Research FEDVIP plans and premiums ▶ Create a My BENEFEDS account ▶ Enroll in the next plan year ▶ Change or cancel current enrollment ▶ Enroll as a new hire, newly eligible, or new survivor annuitant ▶ Change address and personal information ▶ Change user ID, password, and security questions ▶ Unlock account 	<ul style="list-style-type: none"> ▶ Check eligibility ▶ Research FEDVIP plans and premiums ▶ Create a My BENEFEDS account ▶ Enroll as a new hire, newly eligible, or new survivor annuitant ▶ Enroll or change enrollment due to a qualifying life event (QLE) ▶ Change address and personal information ▶ Change user ID, password, and security questions ▶ Edit non-FEDVIP/FEHB dental or vision insurance ▶ Unlock account

When to contact your carrier

Once you're enrolled in a FEDVIP plan, contact your dental or vision carrier directly for any questions you may have about benefits, claims, or ID cards.

BENEFEDS is administered by Long Term Care Partners, LLC, with oversight by the U.S. Office of Personnel Management.